




What To Bring To The NICU Checklist

- Baby Clothing
 - Premature onesies with velcro front closures
 - Socks
 - Mittens
 - Hats
 - Clothing for You
 - Change of clothing
 - Stain remover
 - Jacket or sweater
 - Robe if you are doing kangaroo care (skin-to-skin contact)
 - Laundry bag
 - Bedding
 - Boppy Pillow
 - Baby blanket
 - Blanket and pillow for you
 - Neck pillow
 - Toiletries
 - Baby lotion
 - Nail clippers and nail file
 - Hand lotion
 - Toothbrush
 - Face soap
 - Hair brush
 - Tissues
 - Paper and Pen
 - Journal/notepad
 - Pen
 - Camera
 - Digital camera
 - Disposable camera (to leave at your newborn's isolette)
 - Decorations
 - Family photos
 - High-contrast pictures
 - Baby foot- or handprints
 - Nameplate
 - Food and Drink
 - Snacks
 - Insulated cups with a lid and straw (allowed in the baby rooms)
 - Entertainment
 - Books
 - Magazines
 - MP3 or CD player
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*Check with your nurses to know when and what you can bring from home.

