

John Stoddard
Cancer Center
2022 Impact
Report

YOUR Impact MATTERS



UnityPoint Health
John Stoddard Cancer Center

Your 2022 Impact

At John Stoddard Cancer Center, we know a cancer diagnosis is a big part of someone's life yet, it isn't their entire life. This is why, in addition to providing the best clinical treatment possible, the team at Stoddard also provides programs and services to support patients - and their loved ones - throughout their cancer journey and beyond to help them live their best lives possible. Thanks to you, John Stoddard Cancer Center continues to meet the unique health care needs of cancer patients throughout Des Moines and Iowa. **Donors helped:**

- For five years, The Charlie Cutler Healing & Wellness Program has grown to include mindfulness based stress reduction, massage therapy, music therapy and aromatherapy. In addition to adding the Meals That Matter Program, which gave away more than 6,000 meals last year, Meals That Matter at Home was also launched and provides virtual cooking classes and recipes along with a box of fruits and vegetables delivered to patients at home - at no cost.
- Installed the Halcyon Linear Accelerator. The first-of-its-kind in the state of Iowa, the Halcyon delivers radiation therapy up to four times faster than other machines. Like the other treatment machines at John Stoddard Cancer Center, the Halcyon is equipped with the most advanced image guidance system, AlignRT, allowing treatment to be extremely precise.
- Our radiation oncologists became the first in the state to offer a new treatment called Pluvicto (apart from a clinical trial) and were the first in Central Iowa to offer Lutathera. Both drugs are new infusion therapies to treat specific types of cancer. Having these treatments closer to home makes this groundbreaking treatment available to more of our patients.
- Our community education and outreach efforts continued through free cancer screening events, and the Dish with Nish podcast featuring topics of interest in cancer prevention and care. We established a partnership with the organization Black Women 4 Healthy Living and resumed our presence at events, like Iowa State Fair, and community health fairs.

Your gifts helped ensure patients and their families had the support they needed throughout their cancer journeys. Take a look at some of the things your support made possible in 2022. You made a difference!

YOU HELPED ...



Connect **878** patients to the Oncology Navigator program.



Provide **6,271** meals through Meals that Matter and offer virtual nutrition classes to more than **100** participants through Meals that Matter at Home.



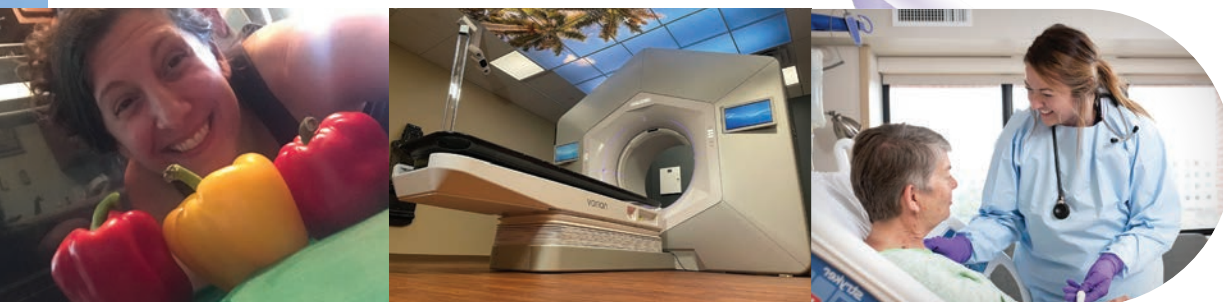
Support **82** patients and families through our What's On Your Mind? free counseling program.



Provide **176** free mammograms, ultrasounds and procedures.



Provided **56** hours of music therapy and **397** hours of massage therapy and comfort for patients and families.



CARING

GIFT CARDS TO GROCERY & GAS
1,538

UBER RIDES
386

GIVING

TOTAL GIFTS
\$2,179,504

NUMBER OF GIFTS
2,145

NUMBER OF DONORS
1,629

NUMBER OF GIFTS MADE IN MEMORY OF A LOVED ONE
610

NUMBER OF GIFTS MADE IN HONOR OF A PATIENT OR CARE PROVIDER
116

As more and more people choose John Stoddard Cancer Center for care, we continue to add team members and services to meet the needs of the community. Your support makes a difference in helping provide these life-changing and life-saving programs to cancer patients and families when they need it most.

2022 HIGHLIGHTS

- Launched public phase of It Takes You Comprehensive Campaign - \$18 million investment.
- Launched Meals That Matter at Home, a program that provides bins of fresh produce, along with recipes and instructional videos on how to prepare a plant-based diet.
- John Stoddard Cancer Center and our physician partner groups welcomed Dr. Emily Brugioni, Dr. Juan Mira, Dr. Kevin Kremer and Dr. Dan Opheim as new physicians serving cancer patients.
- Celebrated five years of the Charlie Cutler Healing & Wellness Program.



"I hope all cancer warriors obtain the support I have through the John Stoddard Oncology Navigator Program." - Natalie

Looking to the Future

This coming year will expand the comfort and care at John Stoddard Cancer Center and continue to celebrate the lasting impact your philanthropic support provides.

Through the **It Takes You** Campaign, a Next Generation Sequencing (NGS) machine will be purchased, allowing Stoddard to rapidly analyze tumors for genetic variations for precise drug targeting. The capital improvements will also include a new High Dose Radiation (HDR) machine, which delivers higher, more targeted doses of radiation to tumors minimizing damage to healthy tissue.

Stoddard Cancer Center will also replace a second linear accelerator with a brand-new TrueBeam.

Dr. Crosby Rock will join our radiation oncology team in August 2023.

The Adolescent and Young Adult Program will celebrate its 10th year at Stoddard Cancer Center. Since 2013, more than 435 patients have utilized this program throughout their treatment.

The Charlie Cutler Healing & Wellness Program will continue to expand to include outpatient massage therapy and acupuncture services.

A Financial Navigator will be added to the Oncology Navigation team to better meet the needs of our patients and reduce financial barriers to care.

**Your support makes this possible.
Thank you.**

 **UnityPoint Health**
John Stoddard Cancer Center

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