



# You matter.

## 2021 IMPACT REPORT

John Stoddard Cancer Center



UnityPoint Health  
John Stoddard Cancer Center

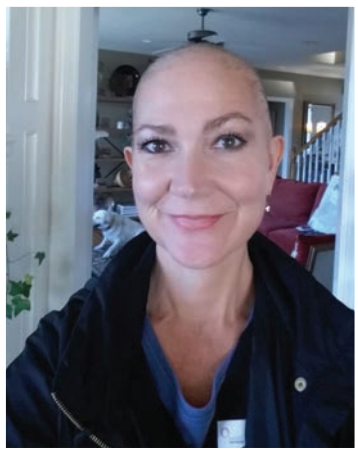
# Your 2021 Impact

You know and have felt the rollercoaster the world has been on for the last two years. Health care organizations, like John Stoddard Cancer Center, have experienced this more than most. While challenges continue, team members and care teams have stepped up and developed a renewed focus on the mission and the direct impact we have on patients' lives. Thanks to you, John Stoddard Cancer Center continues to meet the unique health care needs of cancer patients throughout Des Moines and Iowa.

- What started in 2020 to serve patients during the pandemic, Meals that Matter continued to grow in 2021 providing over 8,000 meals to patients and caregivers and became a part of our regular services available. Funded by gifts to the Charlie Cutler Healing & Wellness program, Meals that Matter provides nutritious, ready-made meals for patients and their caregivers at no cost giving patients "one less thing" to worry about.
- After opening just months before the pandemic in 2020, the Empower Salon & Boutique reopened in 2021 and began serving cancer patients. Thanks to our incredible stylist, Tricia Rivas from Trixie's Salon and the Dreamcatchers Foundation, our patients are offered a private, safe and comfortable salon experience, free of charge.
- In October 2021, as part of the Charlie Cutler Healing & Wellness Program, music therapy was re-introduced to patients on our Powell 3 Inpatient Unit two half days each week with plans to continue to further expand this offering in 2022.
- Since 2018, our Pink Days Free Mammogram program has seen a 350% increase in usage as the pandemic created an increased financial need for many of our patients. In 2021, 397 free mammograms, ultrasounds, and procedures were provided at no cost to patients. If you haven't already scheduled your cancer screening appointments, it is important everyone returns to screening and gets back on track.

"Angela, my navigator...she's an angel. A caretaker. A giver. That's just who she is. I'll never forget her," says Tara. "She was my family. She made me feel safe. I feel so lucky to have had her with me every step of the way."

The Oncology Navigator program is just one of the things your gifts made possible this past year, helping patients like Tara and so many others. Thank you!



Your gifts helped ensure patients and their families had the support they needed throughout their cancer journeys. Take a look at some of the things your support made possible in 2021. You made a difference!

## YOU HELPED ...



Connect **833** patients to the Oncology Navigator program.



Provide **8,285** meals through Meals that Matter and offer virtual nutrition classes to **64** participants.



Support **396** patients and families through our What's On Your Mind? free counseling program.

Provide **397** free mammograms, ultrasounds and procedures and **378** hours of massage therapy and comfort for patients and families.



Offer **142** virtual support group meetings and give **9** patients and caregivers access to our first Mindfulness Based Stress Reduction (MBSR) session.



## Caring

GIFT CARDS TO GROCERY & GAS  
**1,338**

UBER RIDES  
**633**

NIGHTS AT THE CARE INN  
**117**

## Giving

TOTAL GIFTS  
**\$2,046,826**

NUMBER OF GIFTS  
**2,009**

NUMBER OF DONORS  
**1,501**

NUMBER OF GIFTS MADE IN MEMORY OF A LOVED ONE  
**263**

NUMBER OF GIFTS MADE IN HONOR OF PATIENT OR CARE PROVIDER  
**72**

As more and more people choose John Stoddard Cancer Center for care, we continue to add team members and services to meet the needs of the community. Your support makes a difference in helping provide these life-changing and life-saving programs to cancer patients and families when they need it most.

# 2021 HIGHLIGHTS

- UnityPoint Health - Des Moines is the only health system in Central Iowa to earn the designation of Physiological Oncology Rehabilitation Institute (PORi) Center of Excellence for oncology rehabilitation.
- Completed the addition of a second CT simulator to better accommodate our growing brachytherapy program. At the simulation appointment, a CT scan is performed to create the best and most precise treatment plan for each patient.
- We created a new resource by opening a fully staffed Genetics Clinic with two certified genetic counselors. This new clinic opened their office on the 4th floor of Stoddard.
- Implemented a guided patient support/pre-rehabilitation clinic – integrating a dietitian, physical therapist, and social worker into one visit with follow up by a wellness coordinator.

## Looking to the Future

With the assistance of philanthropy, 2022 looks to be a year of growth and excitement for the John Stoddard Cancer Center.

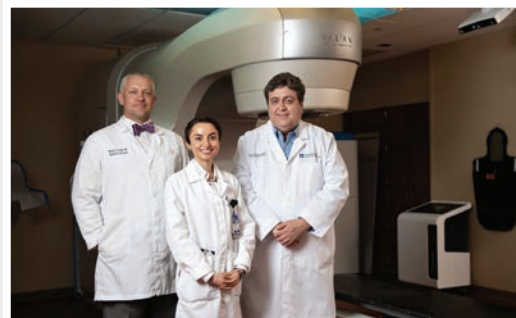
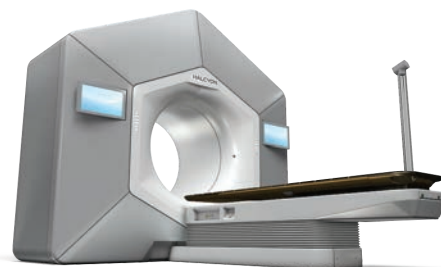
Beginning in April 2022 a Halcyon linear accelerator will be added to the Radiation Oncology Department. Stoddard will be the first cancer center in the state with this new technology that treats patients with radiation therapy in about 25% of the time, improving comfort and reducing side effects.

The successful Meals that Matter program will expand to offer an “at home edition,” with fresh produce delivery, recipes, cooking instruction, and a community via a Facebook group.

Integrative medicine programming will continue to be expanded with music therapy, art therapy, wellness and more.

A Financial Navigator will be added to the Oncology Navigation team to better meet the needs of our patients and reduce financial barriers to care.

**Your support makes this possible. Thank you.**



**UnityPoint Health**  
John Stoddard Cancer Center

1221 Pleasant St., Des Moines, IA 50309 | 515-241-6304 | [unitypoint.org](http://unitypoint.org)