

Management of Parapneumonic Effusions & Empyemas

New presentation of community-acquired pneumonia with clinical severity suggestive of parapneumonic effusion

Known community-acquired pneumonia not improving after 48-72 hours of appropriate antibiotic treatment

Obtain PA and lateral chest Xray

Pleural effusion present?

No

Off algorithm

Yes

Obtain a chest ultrasound
(Estimate size of effusion, determine if the fluid is free or loculated, assess echogenicity of the fluid, & look for pleural thickening)

Concern for diagnosis other than pneumonia with parapneumonic effusion?
(e.g., chest mass, congenital pulmonary malformation, lung abscess, necrotizing pneumonia, aspirated foreign body, non-parapneumonic effusions)

No

Yes

Obtain MRSA nasal PCR, respiratory film array, CBC with diff, CRP, blood culture, and CMP.
Start pulmonary toilet, antipyretics, analgesics, & supportive care

Obtain chest CT with IV contrast to further characterize & additional studies as indicated

Chest ultrasound demonstrates an echogenic fluid collection without loculations

Chest ultrasound demonstrates fibrinous septations but no echogenic loculations or thickened pleural rind

Chest ultrasound demonstrates thickened rind, multiple echogenic loculations, or entrapped lung

If effusion is large or if it is moderate sized & symptomatic, place 8-12F pigtail catheter. Send fluid for culture, cell counts, & protein.

Place 8-12F pigtail catheter within largest fluid collection. Send fluid for culture, cell counts, & protein.

Consider chest CT with IV contrast to better characterize

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Start Antibiotics (see below)

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Start Fibrinolytic Therapy x 3 days (see below)

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Effusion still present?

Yes

No

Repeat ultrasound to recharacterize fluid

Complete antibiotic course

Effusion still present?

No

Yes

Remove pigtail once drainage is < 1ml/kg/day

Consult Pediatric Surgery

Effusion still present?

Yes

No

Remove pigtail once drainage is < 1ml/kg/day

Complete antibiotic course

Antibiotic Selection for Complicated Community-Acquired Pneumonia > 3 Months of Age

Negative MRSA Nasal PCR

- Ampicillin-sulbactam 200 mg of ampicillin component/kg/day divided every 6 hours (max 2g of ampicillin/dose)

Negative MRSA Nasal PCR & Mild to Moderate Penicillin Allergy (e.g., rash)

- Ceftriaxone 75 mg/kg once per day (max 2g/day)

Positive MRSA Nasal PCR

- Ceftriaxone 75 mg/kg once per day (max 2g/day) PLUS
- Clindamycin 40 mg/kg/day divided every 8 hours (max 600 mg/dose)

Septic Shock Present

- Ceftriaxone 75 mg/kg once per day (max 2g/day) PLUS
- Vancomycin 15 mg/kg/dose every 6 to 8 hours (max 2000 mg/day)
 - Can likely discontinue vancomycin if MRSA nasal PCR and all cultures are negative for MRSA

Duration

- 7 days from chest tube removal/drainage of effusion or empyema

Fibrinolytic Therapy for Parapneumonic Effusions & Empyemas

Steps

- Ensure optimal positioning of pigtail catheter within the largest fluid collection.
- Instill tPA mixed in normal saline into the pleural space—use Epic order panel 01838592 “Pediatric tPA (alteplase) fibrinolytic therapy for chest tubes”
 - For patients < 10 kg: 1 mg tPA in 10 mL NS
 - For patients 10-20 kg: 2 mg tPA in 20 mL of NS
 - For patients 20-30 kg: 3 mg tPA in 30 mL of NS
 - For patients > 30 kg: 4 mg tPA in 40 mL of NS
- Clamp tube for one hour then return to suction
- Repeat at 24-hour intervals for two additional doses

Personnel

- Interventional Radiology to place initial pigtail catheter and instill first dose of tPA if appropriate