



UnityPoint Health
Grinnell Regional
Medical Center Foundation

ISSUE 2, 2023

GRMC IN FOCUS



In this issue...

Philanthropic Impact

- Employee Giving Provides Vein Finder
- Swaddle Sacks for Babies Born at GRMC
- Physical Therapy Staff Receives Continuing Education
- Endowment Gifts – a Meaningful Legacy

Hospital News

- Bariatric Team Receives Quality Re-accreditation
- GRMC's OB Team Receives Recognition
- Nurses Named to 2023 Great Iowa Nurses List
- Diabetes and Nutrition Education Clinic Opens

For more information or to opt-out of future newsletters, call (641) 236-2079 or email donna.fischer@unitypoint.org.

ONE HUNDRED PERCENT of every dollar donated to the GRMC Foundation stays local to benefit the healthcare programs and needs in the GRMC service area. For more information and to make a gift, visit unitypoint.org/grinnell/foundation.

Friends,

A record number of babies were born in UnityPoint Health – Grinnell Regional Medical Center's (GRMC) Obstetrics (OB) unit in 2022. In fact, GRMC is on track to break last year's record as we expect to deliver approximately 250 babies in 2023! We are excited to welcome these bundles of joy into the world this year!

GRMC's OB services are critical to the growth of our communities and we are committed to providing a gold standard of care for each family and new baby. In 2022, your donations to the GRMC Foundation supported this goal by purchasing swaddle sacks for each baby to take home, an infant warmer to provide uniform thermoregulation and a fetal monitor to check a baby's vital statistics.

GRMC is the proud recipient of a **Center of Excellence (COE) Grant** awarded by the Iowa Department of Public Health focused on the rural maternal health needs in Poweshiek, Marshall, Iowa and Tama counties and the maternity care services at GRMC. **Governor Kim Reynolds specifically drew attention to GRMC and this grant during her 2023 Condition of the State Address** in January to highlight the quality of work being done to serve our patients and communities.



The COE Grant is making it possible for GRMC's OB providers to see patients in the Marshalltown and Montezuma clinics to provide prenatal and postpartum care. This is already producing positive results and is expected to impact the increase of births at GRMC this year and in the future.

From birth to end-of-life, GRMC is here for the people and communities we serve **because you care enough to support your local hospital**. On behalf of the future generations born at GRMC – thank you!



Donna Fischer

Donna Fischer
Director of Development
Donna.Fischer@unitypoint.org | (641) 236-2079

Shown in photo, left to right: Adam Gregg, Lieutenant Governor of Iowa; Maddie Callaway, Clinic Administrator-Physician Services-Grinnell; Alex Smolik, Business Development Strategist-Finance-Grinnell; Kim Reynolds, Governor of Iowa; Jennifer Havens, CEO, GRMC; Shauna Callaway, Director of Public Health and Wellness-Grinnell.

PHILANTHROPIC IMPACT



ENDOWMENT GIFTS – A MEANINGFUL LEGACY

Did you know that by making a gift to the GRMC Endowment, you can create a permanent source of income that will ensure the continuation of our programs far into the future? When you make a gift to our established endowment fund your gift is permanently invested and maintained in perpetuity while also creating a steady stream of annual income which can be used to support our mission. You make a lasting and meaningful difference when you make a gift to the GRMC Endowment. For more information visit grmcfoundationlegacy.org or call (641) 236-2079.

EMPLOYEE GIVING PROVIDES VEIN FINDER

Thanks to the generosity of our team members and our Employee Giving Campaign Challenge Grant donor, The Claude W. Ahrens Charitable Trust, the GRMC Foundation is excited to announce the purchase of a **vein finder**. When a patient's veins might be difficult to locate, this portable hand-held instrument locates superficial veins by using infrared light to detect veins on the skin surface directly above the veins. This assists team members in finding a vein of the right size and position while providing greater comfort for the patient.



SWADDLE SACKS FOR BABIES BORN AT GRMC

Thanks to donations from our supporters, **200 swaddle sacks** were purchased for the OB unit. Every infant born at GRMC receives this wearable blanket before they are discharged. It is an important component of GRMC's best practices which has allowed the OB unit to achieve the five-year designation of a Silver Safe Sleep Hospital by Cribs for Kids®. *Thank you to our donors for partnering with our OB unit in caring for our smallest patients!*

PHYSICAL THERAPY STAFF RECEIVES CONTINUING EDUCATION

Thanks to donations from our family of donors, two members of GRMC's Physical Therapy team will receive training to benefit our patients and communities.

Thomas Lair will attend a Physical Therapy Management of Concussion course which will provide in-depth training for the evaluation and treatment of concussion by a physical therapist.

KayLynn Osborn will continue her training in pelvic health, attending a Level 3 course which will provide education on evaluation of pelvic floor of males, pediatric and neurological patients.



HOSPITAL NEWS

BARIATRIC TEAM RECEIVES QUALITY RE-ACCREDITATION

GRMC's bariatric surgery center is re-accredited as a Comprehensive Center by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP®), a joint quality Program of the American College of Surgeons (ACS) and the American Society for Metabolic and Bariatric Surgery (ASBMS). GRMC has received this nationally recognized distinction since 2006.



Pictured L to R: (front) Lynn Moorman, ARNP, Metabolic and Bariatric Coordinator; Natalie Cline, BSN, RN, GRMC Quality Manager; and Angie Chidester, RN, Bariatric Program Coordinator/ Surgical Case Reviewer; (back) Jarrod Phelps, PA-C, Mahmoud Tayash, MD, Bariatric Surgeon, and Philip Bilderback, MD, Bariatric Surgeon.

GRMC'S OB TEAM RECEIVES RECOGNITION

GRMC was named to the **Hepatitis B Birth Dose Honor Roll by the Immunization Action Coalition** for achieving a coverage rate of 97 percent of all newborns born from July 2021 through June 2022. The honor roll recognizes hospitals for their noteworthy dedication to patient safety by establishing and implementing written policies, procedures and protocols to administer the first dose of Hepatitis B vaccine to newborns prior to hospital discharge.



Pictured L to R: Michelle Moore, RN; Morgan Beck, RN; Cariin Schuver, RN; Mindy Johnston, RN; and Kami Walters, RN, CLC

NURSES NAMED TO 2023 GREAT IOWA NURSES LIST

Two Grinnell nurses were named to the 2023 Great Iowa Nurses List in January 2023. This prestigious award annually recognizes nurses at healthcare organizations across the state for their outstanding contributions to their patients, team members and the nursing profession. **Elizabeth (Liz) Box, RN**, a UnityPoint at Home nurse, was nominated by the family of a pediatric patient whom she has cared for twice a week for over a year. The family wrote in their nomination, "Liz's level of care and compassion sets her apart from others. She's one of those nurses that you will never forget."

Kami Walters, RN, CLC, is a nurse in GRMC's OB unit. Sheryl Baarda, RNC, obstetrics nurse manager at GRMC, states, "Kami goes the extra mile for both her patients and her team. She demonstrated this last year by creating a new remembrance event in Grinnell for those who have experienced stillbirths, miscarriages or other types of infant loss. She also continuously champions breastfeeding."

Congratulations to UnityPoint Health – Grinnell's 2023 Great Iowa Nurses - Liz (left) and Kami (right)!

DIABETES AND NUTRITION EDUCATION CLINIC OPENS

GRMC has added a UnityPoint Health – Grinnell Diabetes and Nutrition Education Clinic to our care offering. It is staffed by our registered dietitians, **Lily Swedenhjelm, MS, RDN, LD**, and **Michelle Brennan, RDN, LD**, our diabetic educator, **Mary Waechter, RN, CDCES**, and our clinic care coordinator, **Katie Wilmes, RN, BSN**.

The clinic is located at 122 4th Avenue, Grinnell, sharing a building with our General Surgery and Bariatric Surgery Clinic, adjacent to GRMC's main campus. Adding the Diabetes and Nutrition Education Clinic to UnityPoint Health – Grinnell will improve care for patients in need of additional dietary support throughout their health journeys.





UnityPoint Health
Grinnell Regional
Medical Center Foundation

210 Fourth Avenue | Grinnell, IA 50112

Nonprofit Org.
U.S. Postage
PAID
Des Moines, IA
Permit No. 813

YOU MATTER
TO US AND TO
YOUR WORLD.



UnityPoint Health
Grinnell Regional
Medical Center Foundation