

# **UnityPoint Health Job Shadow Participants**

# Welcome to your job shadow experience at St. Luke's. Below are a few key items to assist with your visit.

#### **Entrance Information**

Job Shadow participants may enter through the outpatient West entrance. This is the entrance next to the Emergency Room. You must be wearing a mask per universal masking guidelines to enter the building. You will be screened for signs and symptoms of illness following facility processes.

## Self-Monitoring for Symptoms

Before arriving for your job shadow make sure to self-monitor for the symptoms below and be able to answer "NO" to all the questions.

- Have you had a temperature of 100.0F or higher in the last 7 days?
- Have you had an unexplained respiratory illness or other symptoms in the last 7 days (i.e. cough, shortness of breath, sore throat, chills, muscle aches, new loss of taste or smell)?

If you are unable to answer "NO" to any of the above questions do not report for the job shadow and notify your job shadow contact.

## **Universal masking**

UnityPoint Health has implemented universal masking for everyone to help prevent the spread of COVID-19.

#### Who should wear a mask?

• Everyone will be instructed to wear a mask upon entry into the facility and until they exit.

#### When should a mask be worn?

• Masks should be worn when in common or public areas and when social distancing is unable to be maintained.

#### What type of mask should be worn?

Both isolation (surgical/procedure) masks and personal cloth/handmade masks can be used for universal masking.

- Those who provide direct patient care or interact with patients should wear a hospital isolation mask
- Those who do not provide direct patient care should wear their own personal cloth mask

### Lowering the Risk of Virus Transmission:

#### Everyone can lower the risk of virus transmission with the following measures:

- The COVID vaccine is recommended to decrease the risk of infection and transmission
- Stay home if you are ill
- Maintain social distancing from others (6 feet)
- Avoid touching your face
- Perform hand hygiene often
- Check your temperature, stay home if 100 or greater
- · Pay attention to symptoms of illness; if any symptoms stay home
- On arrival home after the job shadow, we recommend to wash your hands and launder your attire.

# **Correct Use of Masks**

• Masks are to be worn **CORRECTLY in all** shared workspaces and common areas, including nursing stations, hallways, and elevators.

Masks can be removed for consumption of food/beverage when in shared locations as long as > 6-foot distance is maintained between those around you.

• Maintain social distancing of at least 6 feet ALONG with the use of masks at all times (i.e. nursing stations)



