



UnityPoint Health
Grinnell Regional
Medical Center Foundation

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GRMC IN FOCUS



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For more information or to opt-out of future newsletters, call (641) 236-2079 or email donna.fischer@unitypoint.org.

Friends,

As I reflect on 2022 so far, I think about the amazing donors and team members I've met here at UnityPoint Health® - Grinnell Regional Medical Center (GRMC), the incredible ways you invest in GRMC, and how your support helps us fulfill our mission of improving the health of the people and communities we serve.

But the year is not over yet. Right now, the GRMC Foundation is wrapping up the annual Employee Giving Campaign and kicking off the Fall Annual Fund Drive appeal, while making plans for the coming year.

I want to take this opportunity to share with you about the importance of gifts to our endowments. As you may know, GRMC has three endowments, two of which are managed by the Greater Poweshiek Community Foundation. The third one is overseen by the GRMC Foundation Board of Directors.

Endowment giving is an investment in the future of the hospital. Gifts designated to GRMC's endowments are added to the endowment's principle and then invested. Only a portion of the interest earned each year can be used as needed. Once invested, an endowment gift becomes the *gift that keeps on giving*.

For example, you may have recently read the press release about the GRMC Foundation's donation of \$13,511.80 to Capstone Behavioral Healthcare. This donation is the combined 2021 and 2022 annual spendable distributions from the Grinnell Regional Mental Health Endowment - a portion of the interest earned on the endowment's invested principle. Capstone is a trusted and valued partner in meeting the mental health needs in our communities and the GRMC Foundation is pleased to support them in their efforts to ensure timely access to compassionate mental health care.

The impact of gifts to our endowments is significant and GRMC's gratitude for these gifts is immeasurable. My thanks go out to the donors who have given to these three endowments and to all our supporters who partner with GRMC in fulfilling our mission.

Wishing you good health and happiness as we move into the holiday season.



Donna Fischer
Director of Development
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ONE HUNDRED PERCENT of every dollar donated to the GRMC Foundation stays local to benefit the healthcare programs and needs in the GRMC service area. For more information and to make a gift, visit www.unitypoint.org/grinnell/foundation.

PHILANTHROPIC IMPACT



Tax-Wise Charitable Planning Strategies

A number of charitable planning strategies can help you lower your income and taxes this year. Here are three ways you can shift tax dollars to charitable dollars and support a cause like ours.

- ✓ **IRA Charitable Rollover**
Persons of age 70½ or older can rollover up to \$100,000 from their IRA to a qualified charity like ours. This may lower your income and taxes.
- ✓ **Outright Gift of an Asset**
Make a gift of stock, real estate, grain or another asset, avoid paying capital gains tax on the transfer and receive a tax-saving charitable deduction.
- ✓ **Donor Advised Fund (DAF)**
Make a tax-deductible gift to a DAF, which gives you the ability to make grants to your favorite charities this year and in future years.

If you would like further information on any of these end-of-year planning strategies, please visit our website at grmcfoundationlegacy.org or send an email to Donna.Fischer@unitypoint.org.

New Monitor Purchased

Thanks to you, our donors, the GRMC Foundation provided funds to purchase a much-needed new monitor to use in the operating room (OR), specifically to monitor a baby's vital statistics. Because it is small and lightweight with a long battery life it ensures providers can access current, critical patient information while in the OR and during transport, providing the ultimate level of patient care. Your support makes the purchase of vital equipment, like this monitor, possible and helps GRMC to provide the **best outcome for every patient every time.**



The monitor is shown here with members of GRMC's surgery team

Local Donor Challenges Team Members to Give Back to GRMC

The Claude W. Ahrens Charitable Trust has agreed to a challenge grant for the GRMC Foundation's annual Employee Giving Campaign (EGC). The Foundation and the EGC Committee set a goal of 30% GRMC team member participation this year. If this goal is met, GRMC will receive an additional \$10,000 from The Claude W. Ahrens Charitable Trust, maximizing each team member's gift. The campaign wraps up soon, so stay tuned to find out if the team members successfully met the challenge!

2022 Spring Annual Fund Drive a Success

The GRMC Foundation and the GRMC surgery team thanks everyone who responded to our Spring Annual Fund Drive Appeal. Seventy-seven donations were received for a total of \$16,535 raised. Your support made the purchase of the cystoscope possible! This new equipment is already in use in our hospital. Thank you for helping GRMC improve the health of the people and communities we serve.



Bike Helmets for South Tama's Third Graders

Recently, third graders in the South Tama County Elementary School received bike helmets, courtesy of GRMC thanks to gifts from our donors. In appreciation for the free bike helmets, each student created unique thank you notes, featuring special representations of themselves with their new helmets. One student wrote, "You are going to save my life because now I have a helmet and I will not get hurt. Thank you!"



HOSPITAL NEWS

Obstetrics (OB) Awarded Silver Safe Sleep Designation

Congratulations to our OB department for achieving the five-year designation of a **Silver Safe Sleep Hospital by Cribs for Kids®**. Our OB team has demonstrated a commitment to best practices, team member and patient education and community outreach in supporting safe infant sleep. GRMC gifts every infant with a wearable blanket before discharge. Thank you, OB team, for all you do for our smallest patients!



Left to right: Cherish Hansen, RN; Dee Brown, RN; Sheryl Baarda, RNC – OB Nurse Manager, Chemotherapy/Infusion Center; Cariin Schuver, RN; Kami Walters, RN

New Providers



Josie Rutherford, CNM, has joined the UnityPoint Health – Grinnell OBGYN Clinic team. She completed her undergraduate education at Chamberlain College of Nursing followed by a graduate degree at Frontier Nursing University. She is board certified by the American Midwifery Certification Board (AMCB). Josie comes to us with seven years of healthcare experience in the Grinnell community and has been part of the UnityPoint Health – Grinnell team since 2018.



Abby Flannagan, DO, has joined the UnityPoint Health – Grinnell OBGYN Clinic team, coming to us from UnityPoint Health – Des Moines. Dr. Flannagan received her undergraduate education at Coe College followed by a graduate degree from Des Moines University. She completed a family medicine residency at Iowa Lutheran Family Medicine in Des Moines and most recently completed a surgical OB fellowship at Iowa Methodist Medical Center.



Heidi Klingelhofer, DO, MPH, joined the Grinnell Family Practice Clinic on September 12 after completing a family medicine residency at Iowa Lutheran Family Medicine in Des Moines where she was chosen as chief resident by her faculty and peers. She received her undergraduate education at Bethel University in St. Paul, MN, followed by graduate degrees from Des Moines University.

Grinnell Regional Medical Center Hospital Trustees Receive IHA Certification

Three GRMC trustees completed the Iowa Hospital Association's (IHA) Trustee Education Certification and joined the newly certified trustee class of 2022.

Jake Boyer, PA-C, provider at UnityPoint Health – Grinnell Family Practice Clinic; **Rachael Kinnick**, Secretary, Grinnell Area Chamber of Commerce President & CEO; and **Henry W. Morisada Rietz, Ph.D.**, Grinnell College Professor of Religious Studies, demonstrate their commitment to GRMC and hospital governance best practices with the completion of the IHA certification program.

These three newly certified trustees join **Darwin Copeman**, Chair Elect and Treasurer, retired CEO of Jewelers Mutual Insurance Company; **Sally Lang**, Chair, retired licensing manager for Deere & Company; **Allan F. Maly**, retired from AT&T and Bell Laboratories and from European Council of International Schools; and **Sarah Smith**, Program and Communication Manager at Grinnell College Office of Community Enhancement and Engagement, fellow GRMC trustees who maintained their IHA certification in 2022.

"We are fortunate to have an amazing group of trustees support local healthcare through their dedication to GRMC," says Jennifer Havens, RN, MHA, FACHE, chief executive officer at GRMC. "This certification is a great example of their commitment to following best practices in the board room."



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TO US AND TO
YOUR WORLD.



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