

Prospective Volunteer,

Thank you for your interest in volunteering at UnityPoint Health – Des Moines! Volunteers are important members of our organization, helping to provide an exceptional experience for patients and visitors. As a member of the UnityPoint Health – Des Moines team, all volunteers are required to complete a health screening and proof of vaccinations prior to beginning in any volunteer role.

The following immunizations/vaccinations are required* of all UnityPoint Health volunteers and team members:

- **Influenza:** Annually, or an approved exemption
- **Measles, Mumps, Rubella (MMR):** Two doses of MMR vaccine or laboratory evidence of immunity
- **Tetanus, Diphtheria, Pertussis (Tdap):** One dose of Tdap vaccine in past 10 years
- **Varicella:** Two doses of Varicella vaccine or laboratory evidence of immunity

Strongly recommended immunizations/vaccinations:

- COVID-19
- Hepatitis B

Additionally, **all new volunteers and team members are required to undergo a tuberculosis screening, risk assessment, and tuberculosis test** (at no cost to the volunteer or team member).

Schedule your appointment with Employee Health and Safety

- To schedule an appointment for your health screening, please contact one of the Employee Health and Safety office locations that is most convenient for you:

Iowa Lutheran Hospital
700 E. University Avenue
5th Floor
Des Moines, IA 50316

(515) 263-5213

Iowa Methodist Medical Center
1200 Pleasant Street
South 5
Des Moines, IA 50309

(515) 241-6425

Methodist West Hospital
1660 60th Street
Garden Level
West Des Moines, IA 50266

(515) 343-1087

- **Prior to your health screening appointment, please email your immunization records to:**
Valerie.Crozier@unitypoint.org and Simone.Younger@unitypoint.org

Healthcare worker (HCW) as defined by the Centers for Disease Control & Prevention (CDC): All paid and unpaid persons working in healthcare settings who have the potential for exposure to patients and/or to infectious materials, including body substances, contaminated medical supplies and equipment, contaminated environmental surfaces, or contaminated air. HCW might include (but are not limited to): physicians, nurses, nursing assistants, therapists, technicians, emergency medical service personnel, dental personnel, pharmacists, laboratory personnel, autopsy personnel, students and trainees, contractual staff not employed by the health-care facility, and persons, e.g., clerical, dietary, housekeeping, laundry, security, maintenance, administrative, billing, and volunteers) not directly involved in patient care but potentially exposed to infectious agents that can be transmitted to and from HCW and patients.

**Required unless an approved medical or religious exception is given by Employee Health & Safety*

Updated: October 12, 2023