Patient Survives Thanks to Granddaughter’s Heroics and ICU Care

Last year, Dan and Janice Strong of Nebraska were visiting family in the Eldora area when Dan suffered a cardiac arrest. He was heroically resuscitated by his granddaughter, Hannah, who called 911 and began chest compressions. Hannah had recently been re-certified in CPR. Her response was lifesaving and an ambulance quickly arrived. Hannah later received recognition from the Red Cross for her life-saving action.

Dan was stabilized in the ER at Grundy County Memorial Hospital and then transferred to Allen Hospital for further evaluation. Dan still wasn’t in the clear as he fought for his life in the intensive care unit at Allen Hospital, followed by an additional week on the heart floor.

"I stayed in the hospital with Dan while he was in the ICU," said Janice, "and the nurses would come give me an update, which usually ended in a hug, and I needed it."

"The care team clearly explained everything, even when the conversations were hard, and provided compassion. They were very, very good to us," shared Janice. "I can't say enough good things about them because they were just so considerate and professional."

"I'm still just overwhelmed," said Dan. "Just listening to the stories of what happened for the first two weeks, it was astronomical what they did for me. The doctor came in and shook my hand and told me, 'I didn't think I'd be shaking your hand like this, and I'm glad to be able to do it.'"

A few months after the incident, Dan felt compelled to donate to the Allen Foundation, and his daughter, Brandy followed up with a message to the hospital.

"I wanted you to know that I would be singing the praises of your ICU team no matter the outcome," she wrote. "I will forever be grateful. I thank God for each and every person who cared for my dad and my family."

The Strong family were invited guests recently for a special Gerard Circle Giving Society event at Allen College, and were happy to talk about the care they received.

Read the full story at: bit.ly/Allen_Strong

Gerard Circle honors the work of longtime Allen physician and philanthropist, Dr. Russell S. Gerard. Membership in Gerard Circle symbolizes a lifelong commitment to quality health care in the Cedar Valley.

To learn more about Gerard Circle, call (319) 235-3960, or visit: bit.ly/Allen_Gerard
Notes from the Executive Director: Mike Lind

It’s great to see more and more engagement from the community in the work of the Allen Foundation.

As our regular events and gatherings evolve with the “new normal” that we’ve grown accustomed to, it’s been great to connect and get to know our most generous supporters again.

At a recent reception on the Allen College Day of Giving, we had attendees travel from Kansas and Wisconsin to “meet in the middle” here in Waterloo. It’s neat to see that renewed interest in the important initiatives that we are pursuing.

Both 2020 and 2021 ended on a positive note, despite not so great starts. Supporters of the Allen Foundation have really stepped up and have helped meet the identified needs at Allen.

As we approach a crucial time of the year for the Allen Foundation, I anticipate this generous level of giving to continue. Traditionally, about 40% of dollars given to the Foundation come in November and December.

To continue to meet our mission, your ongoing generosity is greatly needed and appreciated.

Thank you for making a difference for the community that we serve!

Mike Lind
Executive Director

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Tax-Smart Charitable Giving

Learn how you can maximize the benefits of a tax deductible donation.

Donating to a charity can be a great way to show support for a cause you’re passionate about. But did you know that some donations can also benefit your taxes?

**Charitable IRA Rollover Gifts.** If you are age 70½ or older, you can transfer up to $100,000 from your IRA and avoid paying income taxes on this distribution.

**Appreciated Stock Gifts.** Simply contact your broker to initiate the transfer. Many donors, instead of donating cash, will donate stock and then, in turn, purchase new stock with the cash they were going to donate.

**Charitable Gift Annuity.** You will not only receive a partial charitable deduction, you will also receive a fixed stream of income for life.

**Gifts of Grain**

For many cash basis farmers, significant tax savings can be achieved by donating crops directly to the Allen Foundation to support high quality healthcare and healthcare education. By donating grain, farmers will help the Allen Foundation strengthen and support the programs and services of Allen Hospital and Allen College.

By contributing crops to the Allen Foundation, the cash-basis farmer avoids having to include the sale of the cash crop in their income. This results in savings of self-employment taxes, federal income taxes and state income taxes.

Contact us to learn more about donations that can benefit your taxes!

*The tax information provided is general and educational in nature, and should not be construed as legal or tax advice. Allen Foundation does not provide legal or tax advice.

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Complimentary Estate Planning

**Upcoming Dates:**

**Tuesday, October 11**

**Tuesday, November 8**

*Meetings available in person or virtually.*

To learn more or to schedule your confidential appointment, please call (319) 235-3960 or email Kim.French@unitypoint.org.

Dr. Eddie Thompson
Thompson & Associates

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