Walking Routes
Taking care of a loved one can be stressful. We encourage you to take time for yourself during long hospital visits. A short walk can help improve your emotional and physical well-being. For your convenience, we have included a map of outdoor walking routes.

½ Mile Route
Head south onto Brooks Street. Take a left onto Chandler Street. Proceed and turn left onto South Park Street. Turn left onto Regent Street. Finally, turn left back onto Brooks Street.

1 Mile Route
As you exit the main hospital entrance cross the street and proceed directly onto Mound Street. Turn left onto Mills Street. Turn right onto Drake Street and follow to the Grant Street intersection. The Vilas walking path begins at the zoo parking lot exit and continues parallel to Vilas Avenue. Turn left onto Vilas Park Drive and continue to walk completely around the park. Turn Left onto South Mills Street. Turn right onto Mound Street.

2.5 Mile Route
As you exit the main hospital entrance cross the street and proceed directly onto Mound Street. Turn left onto Mills Street. Turn right onto Drake Street and follow to the Grant Street intersection. The Vilas walking path begins at the zoo parking lot exit and continues parallel to Vilas Avenue. Turn left onto Vilas Park Drive and continue to walk completely around the park. Turn Left onto South Mills Street. Turn right onto Mound Street.