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H. Keith & JoAnn Dirks celebrate 66th wedding anniversary while in Inpatient; donates back to the hospital out of appreciation.

The golden rule tells us to treat others the way we would want to be treated. The team members at Jones Regional Medical Center live by this philosophy on a daily basis while serving our community members and providing top quality of care.

Recently H. Keith Dirks spent a few weeks in our inpatient unit following some health concerns. Keith and his wife live in rural Jones County near Center Junction and were thrilled he would be able to stay in Jones County for his care. JoAnn noted it was so nice that he was able to stay close to home. She valued the fact that she could come in daily and eat meals with him. She would not have felt comfortable traveling to hospitals in outlying counties to spend as much time with him as she was able to here at JRMC. Keith and JoAnn shared they were very impressed with each and every team member who came into his room for care whether it be the nursing, dining, or housekeeping. Everyone made them feel important and cared for.

While Keith focused on his health in the JRMC Inpatient wing, staff caught wind that their 66th wedding anniversary would be celebrated during his stay. It didn't

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Keith & JoAnn



FROM THE CEO A Year of Gratitude



Eric Briesemeister, CEO

Over the past twelve months, the amount of support JRMC has received has been overwhelming. From kind letters from patients, cookies from our volunteers, to major donations of equipment or tributes to loved ones we continue to be blessed by an amazing community. And it all matters—because without your support, we wouldn't be the healthcare provider that we are.

How does your support impact us? Well, there are some obvious impacts, like being able to acquire state-of-the-art medical equipment. This allows our healthcare professionals to offer more accurate diagnoses and deliver advanced treatments, resulting in improved patient outcomes and it keeps JRMC at the forefront of medical innovation.

But your support goes well beyond that. It also allows us to bridge gaps in healthcare accessibility and address the diverse needs of those we serve. Furthermore, your generosity has positively impacted the morale and well-being of our dedicated team. Through initiatives focused on professional development, employee wellness, and creating a positive work environment, we have seen a tangible improvement in staff satisfaction. This, in turn, has translated into a more compassionate and patient-centered approach to healthcare delivery.

Your belief in us has not only transformed our hospital but has also touched the lives of countless individuals within our community. In this issue of The Pulse, we are proud to share the highlights of the impact of your donations.

Enjoy!

Yours in service,

A handwritten signature in dark ink that reads "Eric Briesemeister". The signature is written in a cursive, slightly slanted style.

Eric Briesemeister, CEO

(Cover story continued)

take long for our patient care tech, Kelli Sytsma, and activities director, Nancy Diossy, to make a plan for a small celebration. The couple was able to celebrate with a small cake and ice cream. Kelli was able to help Keith obtain an anniversary card for JoAnn since he was unable to go shopping himself. JoAnn later noted that the sentiment was so touching because if they had been at home for their anniversary it would have been a quiet day with little celebration.

Since returning home, Keith and JoAnn looked back on his stay at Jones Regional Medical Center appreciatively. They can easily say that every interaction was enjoyable and they are so thankful to each team member they came across. As a token of their appreciation Keith and JoAnn have decided to make a donation to the JRMC Foundation. With these dollars they chose to support additional seating in front of the hospital's main entrance. Keith noted the gift was chosen because nurse Danna Meyer said, "Let's

go sit on the bench out front." It was a very pleasing spot to sit. Keith said he soon realized it became a part of his healing system. It brought back realization for him. It was also important to the couple to be able to recognize not just one team member, but all team members at JRMC who were involved in his care.

Editor's note: H. Keith Dirks passed away on November 2, 2023, at St. Luke's Hospital with his family by his side. He is deeply missed by all who had the pleasure of knowing him.

Gifts given to JRMC Foundation can be designated to a specific area or to the endowment (general) fund which benefits the area of greatest need. For more information, contact Amy Keltner at (319) 481-6118.

JRMC Surgery Department Soars with Help from Foundation

Jones Regional Medical Center has seen a vast amount of growth in the surgical department over the past few years. When you choose JRMC as your surgical site, you are choosing to work with top notch surgeons, anesthesiologists and nurses who strive to provide the best outcome for every patient, every time. We offer a wide range of specialized surgeries including Orthopedics, General Surgery, Pain Intervention, GI/Endoscopy, Urology, Ophthalmology, ENT, Gynecology, Podiatry, and more. Recently, staff at JRMC have seen a growing need for Orthopedic surgeries which has been our main focus for the last two Surgical Open golf tournament fundraisers. When deciding to incorporate new surgical procedures into a facility there's a lot of work to be done prior to offering them to the community. You have to ensure the appropriate leaders in medicine are able and willing to travel into Jones County to perform these surgeries. Over the years we have been able to gather a strong team of qualified surgeons who work closely with our team here at JRMC to provide these opportunities. We also must ensure we have the proper equipment. For example, as we enter into a new opportunity of offering Knee ACL repair and Shoulder Rotator Cuff repair here with Dr. Hart, we needed to purchase in total \$287,000 worth of tools to ensure success. Thanks to generous donations from individual donors and those who have participated in recent Surgical Open events, we are excited to announce that we are very close to incorporating these surgeries here at Jones Regional.

What benefits does that offer to patients?? Our staff believe in a team approach to healing, with the patient being at the center of the team. Staff encourages the patient's family to become involved in the healing process and to assist in meeting the patient's needs. Together with the team, including the patient and family, we work to develop discharge goals and a plan of care. Here at Jones Regional we recognize the importance of being able to be in your home community for surgery and recovery. Being able to offer such surgeries eliminates the requirement of excessive travel for the surgery, recovery, and post care.

Growth of our surgical department will continue to be a focus for years to come. Donations are an essential part of ensuring success of this growth.

If you are interested in supporting the surgical department with a gift, contact Foundation Director Amy Keltner at (319) 481-6118.



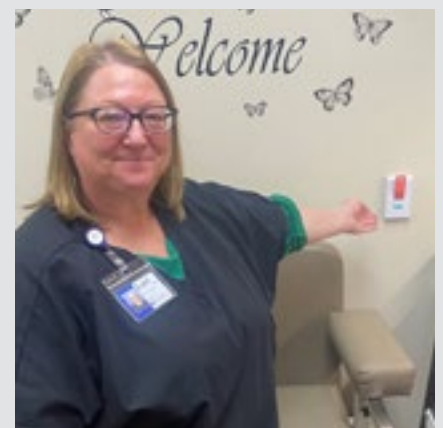
Jenny Jacobs, CST & Emily Culver, RN proudly display new surgical tools

Safety Update in the Laboratory

JRMC Foundation was happy to support a recent request from the hospital lab staff. There are times in the lab where safety for staff and patients alike can be a concern due to the location of the space and low staffing needs in the area. If staff are faced with an emergent patient health care need, there's a chance that yelling out for help may be the only option to get additional assistance. After much discussion on the different options available for the team, safety pull cords were deemed to be the solution. When visiting our hospital laboratory, you will now find a safety pull cord in each draw room and restroom. These pull cords are connected to the switch board that already exists in our emergency department and will notify emergency personnel if assistance is needed. While these cords are not a state requirement in such a location, the Jones Regional Medical Center Foundation found it to be essential in supporting the safety of our staff and

community members who utilize our lab services. Eric Briesemeister, JRMC CEO said, "This is a challenging time for hospitals and these contributions allow us to invest in items that go beyond compliance—they help to make JRMC the kind of hospital we all want it to be. Thank you to all of our generous donors who made the funding for this project possible."

If you would like to learn more about how to support projects such as these, contact Amy Keltner at (319) 481-6118.



Lori Ehlers, Laboratory Assistant, showing the addition of the pull switch

Anamosa Area Ambulance Service Appreciates Your Support!

Donations are an essential part of what keeps the AAAS production in tip top shape. As a nonprofit organization, the ambulance service experiences the same financial struggles as any other nonprofit in the community. This year is no different and has come with a new challenge with the increase in the cost of equipment and supplies. Due to these increases, budgeting becomes problematic. Thankfully, however, our ambulance service has the support of our community. Over the past several months, thanks to your donations, the Anamosa Area Ambulance Service has been able to update and include many items into the system:

- Portable Radios allowing EMS (Emergency Medical Services) to communicate in both Jones and Linn counties.
- King Vision Video Laryngoscope replacement to allow Paramedics to view a patient's airway when placing a breathing tube.
- Suction Units
- King Vision aBlade kit with a reusable digital display to upgrade our current system (see King Vision Video Laryngoscope).
- Adult full body Vacuum mattress deluxe with a 6 handle carrying case and large pump Evac-U-Splint
- AED (Automated External Defibrillator) for our third truck to cover special events.
- Simulator - Suction Assisted Laryngoscopy and Airway Decontamination
- Cot Defibrillator Platform to carry equipment when transporting extremely sick patients that may require more equipment.
- X-Restraint Package to replace the worn-out straps on our cots.



Dick Hall, EMT proudly displays new equipment for patient care

These items are vital to the care of each person when ambulance calls are made. These upgrades would not have been possible without your support.

If you are interested in supporting the Anamosa Area Ambulance Service further, please contact Foundation Director Amy Keltner at (319) 481-6118.

Pink in the Park : A Heartfelt Journey to Support Breast Cancer Patients at JRMCC

Pink in the Park Fun Run / Walk, an annual event organized by Jones Regional Medical Center, stands as a symbol of hope, solidarity, and commitment to fighting breast cancer. This engaging community initiative not only promotes physical activity but also serves as a powerful platform to raise awareness and funds for cancer support programs at JRMCC.

Held in October, the event is not just about exercise; it's a celebration of life, strength, and resilience. Participants proudly displaying neon green and pink shirts this season gathered at Wapsipinicon State Park to embark on a joyful journey. The total journey taking participants just over two miles, gave opportunity for them to reflect on those they know who are fighting, have survived, or have fallen to the battle of breast cancer.

This event has a significant impact on cancer awareness in the community. Through social media campaigns, local media, and word of mouth, Pink in the Park reaches a broad audience with each season seeing record numbers of participants. As participants in this event, we come together as a community to continue to make strides towards a future where cancer is no longer a threat, and every individual receives the support they need on their journey to recovery.



Auxiliary Supports Local High School Student & Employee Education

Each spring, JRMC Auxiliary releases scholarship opportunities into Jones County for senior high school students and JRMC staff members looking to further their education within the medical field. Eligible candidates are able to apply for \$500 scholarships which are funded by the annual No Bake Bake Sale campaign. In 2023, we were able to award a scholarship to a JRMC employee and three scholarships to area high school graduates. We wish them much success as they complete their studies!

Award Winners



Shannon Frink

Shannon Frink currently serves as the Infection Preventionist and Clinical Informaticist/Epic Trainer at JRMC and fills in as a nurse in various departments in the hospital.

She is currently attending Mt. Mercy University to pursue her Bachelor's Degree in Nursing and has plans to continue her career at JRMC. She has a passion for rural healthcare and enjoys serving the community in her roles here.



Serena Brokaw

Serena is the daughter of Chris and Debra Brokaw. A graduate of Monticello High School, she is attending University of Northern Iowa to study communication disorders and sciences as an undergrad with a plan to enroll in the speech language pathologist Master's program. Congrats Serena!



Hannah Greif

Hannah is the daughter of Rick and Angela Grief. A graduate of Anamosa High School, she is attending St. Ambrose University studying psychology as an undergraduate with a plan to earn her doctorate degree in Occupational Therapy. Hannah has already been accepted into the St. Ambrose University Occupational Therapy Graduate Program. Congrats Hannah!



Isabelle Ricketts

Isabelle is the daughter of Beth Galloway and Raven Ricketts. A graduate of Midland High School, she is attending the University of Iowa to study Recreational Therapy. Congratulations Isabelle!

Giving Back in a Special Way

Meet Marcia, a patient at JRMC's Wound Clinic. As someone who relies on a walker for mobility, everyday tasks can easily become a challenge. She was thrilled to receive an apron for her walker as a gift during her recovery. As her strength began to return, she wanted to pay it forward. She now dedicates her time to sewing "Walker Aprons" and generously donates them to fellow patients so they do not have to struggle like she did. We are grateful to Marcia for making a difference in the lives of others!



AMAZING
THINGS
HAPPEN
BECAUSE
OF YOU

Guardian Angel Program Shines Spotlight on Remarkable Individuals

Frequently, we receive heartfelt accounts from patients and visitors about the exceptional care they experience at Jones Regional Medical Center and our neighboring rural clinics. These narratives often center around acts of care and compassion, featuring employees from various departments such as Housekeeping, Nursing, Patient Access, and more. The positive impact created by these dedicated individuals resonates deeply with those they interact with, prompting patients and visitors to inquire about additional ways to express their gratitude. This is where our Guardian Angel Program steps in. Specifically designed to acknowledge and appreciate JRMCC employees who go above and beyond in making a meaningful difference in the lives of our community, this program aims to provide positive recognition.

Recipients of this recognition are pleasantly surprised with a note of thanks while on duty. Additionally, they receive a special golden pin adorned with a Guardian Angel, which they can proudly display on their name badge. The presentation of these awards is typically done as a surprise while the employee is on duty, creating a celebratory atmosphere with their family and colleagues from across the hospital gathering to join in the well-deserved recognition.

Congratulations goes out to our most recent Guardian Angel awardees. Joni Wiese was recognized by a patient who noted "Joni's calming nature was exactly what was needed during a time of medical stress." The JRMCC Prayer Shawl group was nominated by our Daisy Award committee. Their dedication, time and donated resources are top notch and provide our patients with a comfort that no one person can provide. Congratulations!



Prayer Shawl JRMCC Volunteer Group



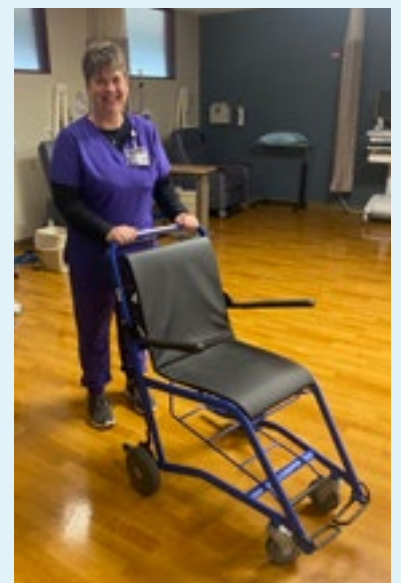
Joni Wiese, Emergency Department RN

Community Grants Supporting JRMCC

Thank you goes out to several local community foundations over the last several months. We appreciate the support of

- Anamosa Community Foundation for supporting the purchase of new wheelchairs
- Jones County Community Foundation for supporting the purchase of updated pulse oximetry in our Anamosa Family Medicine clinic
- Theisen's More For Your Community grant for supporting the purchase of updated pulse oximetry in our Clarence Family Medicine clinic

Your generosity makes a lasting impact to our teams and the communities we serve!



A SPECIAL MESSAGE FROM INFECTION PREVENTION

Dear Community Members,

This time of year is commonly referred to as "flu season". It's important to remember ways to stay healthy this winter.

Of course, we are all aware of COVID-19 and Influenza, but did you know that there are other illnesses prevalent during this time of year? Rhinovirus, Tonsillitis/Strep Throat, Bronchitis, RSV and Pneumonia also make people sick during "flu season".

Those most at risk are infants and small children, older adults, those with chronic illnesses like Diabetes and the immunocompromised such as those with cancer.

Some tips from the Center for Disease Control (CDC) include:



Washing your hands with soap and water or an alcohol-based hand rub.



Stay home or away from others when you are not feeling well.



Cough or sneeze into your elbow or a tissue.



Get the seasonal flu vaccine and COVID vaccine.

If you have to come to the hospital, please know we are all diligently working to clean high traffic areas, limit visitors in some areas, monitoring community and state illness levels and still providing you with the same excellent care you have come to know. We do ask that you refrain from visiting your hospitalized loved ones if you are ill or have had COVID in the last 10 days. If your loved one has COVID and is hospitalized, we welcome you to visit with limitations such as shortening your visit and wearing a mask at all times when in the hospital.

We wish you health and happiness in 2024!

Shannon Frink, RN
Jones Regional Medical Center
Infection Preventionist



UnityPoint Health
Jones Regional Medical Center

Gifts to Jones Regional Medical Center Foundation

- Aaron and Jill Tjaden
Abate of Iowa District 5
In memory of Schultz, Ramona
Abram Tubbs & Nicole Claussen
Adeline and Kenneth Zanzie
In memory of Smith, Steven
Mr. and Mrs. Adrian Knuth
Al & Julie Recker
In memory of Thomas, James
Alan Crump & Becky Wroblewski
In memory of Biere, Henry
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Cecilia Hatcher
Amy Covington
Amy and Keith Keltner
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Dana M. Schoenmann
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- Dave & Jean Kehoe
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Dave and Lora Kuhn
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David Shaw
David M. and Betsy Remley
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Dawn Roe
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Deann & Pat McDonald
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Deborah Clymer
Deborah Mills
Deb and Randy Byers
Deb and Randy Byers
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Deb and Randy Byers
In memory of Downing, Brenda
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Dennis and Michelle Frazier
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Gail Freeman
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Gale & Connie Von Behren
In memory of Levsen, Larry
Kathleen & Gary Heiar
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In memory of Harth, Madonna
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In memory of Arduser, Peggy
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H. Keith and Jo Ann Dirks
In memory of Kromminga, Art

H. Keith and Jo Ann Dirks
In memory of Rohwedder, Alan

H. Keith and Jo Ann Dirks
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Harlan Graber

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Mr. James Schmidt
James Carpenter

James and Joyce Lucas

James and Mary Jo Kloft

Jane Fink

Janet Cook

Janet Nelson
In memory of Charlotte & Dean Nelson

Janet Stickle

Janice Hartwig
In memory of Biere, Henry

Kenneth and Janice Rion

Janice Rickels
In memory of Rickels, Glen

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Julie Fall

Julie Soupene

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Kara A. Vierling

Kara Burrack

Karen Lammers

Karen Smith
In memory of Smith, Steven

Karen Biere
In memory of Biere, Henry

Karen Biere
In memory of Smith, Steven

Karen S. Janko

Karen Volz
In memory of Thomas, James

Karl Holmes

Karla Jensen

Katelynn Buchholtz

Katherine I. Meyers

Kathleen Hansen
In memory of Eddy, Michael

Kathleen Hansen
In memory of Hansen, Dennis

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Kayla A. McCormick

Keith and Rebecca Weimer
In memory of Thomas, James

Keith and Cindy Austin

Keith and Cindy Austin
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Kellie and Michael Louviere
In memory of Biere, Henry

Kenneth and Mary Mote
In memory of Thomas, James

Ken & Marilyn Streeper

Kent and Cindy Miller

Kent and Megan Hartwig
In memory of Biere, Henry

Kim & Loren Boyd
In memory of Delay, Leo

Kim & Loren Boyd
In memory of Smith, Steven

Kim & Loren Boyd
In memory of Schlemmer, Keith

Kim & Loren Boyd
In memory of Goodyear, Robert

Kim & Loren Boyd
In memory of Meeks, Eldon

Kim & Loren Boyd
In memory of Schultz, Ramona

Kim & Loren Boyd
In memory of Vasey, Ardith

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Laddie Nachazel Family Living Trust
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Larry and Jolene Huinker

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Laurie and Mark Woods

Lela Walker

Linda Recker

Linda Vaughn

Linda and Jeffrey Von Behren
In memory of Schlemmer, Keith

Linda and Jeffrey Von Behren
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Lions Club of Monticello

Lisa and Lynn Mootz

Lisa LaBarge

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Clarence and Lisa Patnode
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Lonnie and Erin Humpal
In memory of Smith, Steven

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Lori A. Ehlers

Lori Willett

Lori Jess

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Madonna Hough

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The Family of Darrel Grassfield

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Marilyn Albaugh

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Marlene Serbousek
In memory of Thomas, James

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Marlene Serbousek
In memory of Schultejs, Eleanor

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Ralph and Sandra Andresen <i>In memory of Rohwedder, Alan</i>	Ronda L. Kenney <i>In memory of Meeks, Eldon</i>	Sylvia Albers	
Randy and Sheri Jones	Rosie Austin	Tammy and Scott Sampson <i>In memory of Goodyear, Robert</i>	
	Ruth Collins	Tanya Kruger <i>In memory of Meeks, Eldon</i>	
		Dr. Ted and Sonja Bek	

Ways to Support JRMC Foundation

Updated Online and Mobile Giving Option

We've made it easier for you to give, right on your mobile device or computer. To give a gift or to honor a caregiver or loved one visit unitypoint.org/anamosa/donate-online

Or mail your gift:

JRMC Foundation
1795 Hwy 64 East, Anamosa, IA 52205
Phone: (319) 481-6118 or (319) 481-6326
Email: jrmc_foundation@unitypoint.org

Matching Gifts

Does your employer offer matching gifts? Consider doubling your gift to JRMC Foundation with an employer matching gift.

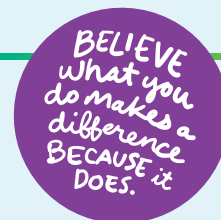
Honor your Loved Ones

- Thank you for considering a gift to the JRMC foundation with your loved one's memorials.

Appreciated securities, stocks and bonds

- Avoid paying capital gains tax on the sale of appreciated stock
- Receive a charitable income tax deduction
- Gift transfers can be done by electronic transfer or certified mail

Please consider including JRMC in your estate planning.



iGrants Make Lasting Impacts

Annually, the JRMC Foundation organizes the WeCare Campaign, providing staff members and volunteers with a chance to make contributions to our hospital and rural clinics. Donors have the option to select specific departments and programs for their support, and they can also contribute to our yearly iGrant program. The iGrant program allows department managers to seek funding for essential equipment purchases that directly benefit our patients. Because of our employee giving campaign, this year we were able to award six grant requests throughout the hospital and our rural clinics. These purchases would not have been possible without the gifts provided by our employees. Congratulations to all of our departments who were supported this year: Anamosa Family Medicine, Clarence Family Medicine, Environmental Services, Occupational & Physical Therapy, Simulation Center, & Urgent Care.



Simulation Center



Anamosa Urgent Care



Anamosa Family Medicine



UnityPoint Health

Jones Regional Medical Center Foundation

1795 Hwy. 64 East | Anamosa, IA 52205

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If you are interested in learning more about the Foundation and how you can best support JRMC, please contact:

Amy Keltner, Director, Community Development
(319) 481-6118 or Amy.Keltner@unitypoint.org

Pamela Goodyear, Volunteer & Community Development Associate
(319) 481-6326 or Pamela.Goodyear@unitypoint.org

Mail your gift or contact us with questions at:

JRMC Foundation

1795 Hwy 64 East, Anamosa, IA 52205

email: jrmc_foundation@unitypoint.org

OUR MISSION:

Improve the health of the people and communities we serve.



UnityPoint Health
Jones Regional Medical Center



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