Jones Regional Medical Center

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The Sweet Success of a Lemonade Stand

Lemonade stands have been a staple in many children's lives in the summertime. It's a great way for kids to learn how to run their own little business and enjoy a little pocket change as a reward.

the PUSE

This past spring, two young community members, Sully and Murphy Streets, decided to host their second annual summer lemonade stand. While many children might focus on how to spend their hard-earned money, Sully and Murphy made the thoughtful decision to donate theirs. With their dad, Dillon, courageously battling brain cancer, the boys chose to split the proceeds equally between the American Cancer Society and Jones Regional Medical Center, two organizations that have provided support to the Streets family.



Megan, Dillon, Sully, Murphy & Rosie Streets

As conversations continued amongst the family and their friends, excitement grew

which turned into the lemonade stand growing into a much bigger plan. By the time the event took place in July, Sully and Murphy's lemonade stand was hosted at Boondocks in Anamosa. Several businesses and community members contributed by donating silent auction items, turning it into an event far beyond what anyone had imagined!

In the end, the Streets family proudly donated \$5,000 to Jones Regional Medical Center! Megan Streets reflected, saying, "Let this be your reminder that a small, pure of heart idea to help others can make a huge impact and difference. We never thought the stand would blow up the way it did, but just one small act of kindness can have such an impact and we are so happy to turn that around supporting all of our local businesses, people, and community!"

⁽continued on page 3)





Eric Briesemeister, CEO

14 years. That's how long I've been with UnityPoint Health[®] - Jones Regional Medical Center now. Doesn't seem possible. So many things have changed-more space, more services, more patients... the list goes on and on. The one thing that hasn't changed is our continual drive to

deliver comprehensive healthcare services as close to home as possible. Our latest step in fulfilling that mission is the addition of a state-of-the-art MRI (Magnetic Resonance Imaging) machine to our facility.

This advanced technology brings new levels of precision and efficiency to diagnostic imaging, allowing our skilled healthcare providers to offer faster, clearer, and more detailed results. From early detection of medical conditions to ongoing treatment planning, the new MRI is designed to meet a wide range of patient needs with accuracy and care.

FROM THE CEO 14 Years and Counting: Advancing Healthcare Together

What Does a New MRI Mean for You?

- Better Diagnostics: The new MRI provides sharper, more detailed images, enhancing the ability to detect and diagnose conditions accurately.
- Better Comfort: Faster scan times and patient-friendly features ensure a more comfortable experience.
- Better Access: Right now, we only offer MRI services 3 days a week. Once fully operational, we will offer MRI 6 days per week.
- Better Care, Close to Home: Say goodbye to long trips for high-quality imaging. You can now access top-tier services more conveniently without the burden of traveling far from home.

This is more than just an equipment upgrade-it's a reflection of our dedication to improving the health and well-being of every patient we serve. By expanding our diagnostic capabilities, we can better support early detection, effective treatment, and improved outcomes for a variety of medical conditions.

We are excited to offer this new service and continue our journey of providing you with the best possible care, right here where you live. One step at a time.

Yours in Service,

Eric Briesemeister

Eric Briesemeister, CEO

Providing Donations Made Easy

One of the great things about the evolution of technology is the opportunity to provide more options for our donors. As you read through this issue of The Pulse, should you feel moved to support one program or another, please feel free to utilize the provided QR code to make an easy online donation! By scanning this code with your cellular phone's camera app, it will take you directly to our online giving page where you can find each department or program that you may way to support. Still have questions on giving? Contact the Foundation at (319) 481-6118.



(Cover story continued)

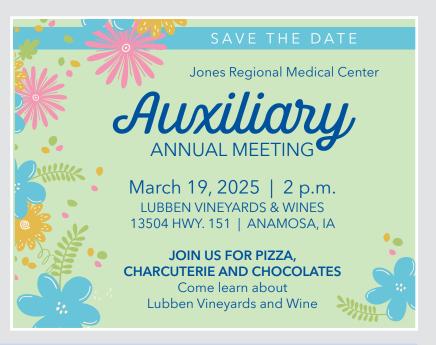
In a world where small acts of kindness can ripple into something extraordinary, Sully and Murphy have shown us all the power of a pure-hearted idea. What began as a simple lemonade stand turned into a heartfelt community movement, raising thousands. Their story is a testament to what a few helping hands - and a whole lot of heart - can accomplish. May we all be inspired by these young boys to give back in our own ways, knowing that even the smallest gestures can make a world of difference.



The Streets Family presenting their donation to the JRMC team.

JRMC Auxiliary Supporting Students

Each spring JRMC Auxiliary releases grant funding opportunities into Jones County for senior students headed out to further their education within the medical field. Eligible candidates can apply for \$500 scholarships funded by the annual No Bake Bake Sale campaign. This year, we were able to award three scholarships to area high school graduates. We wish them much success as they engage their studies! If you would like to know more about how to join the Auxiliary as a member or donate to the cause, please reach out to the JRMC Foundation at (319) 481-6118.





Taylor Gassman





Tiffany Klatt

Tina Lin

3

Anamosa Area Ambulance Service – A Fresh New Look for the New Truck

You may have noticed the new look on the Anamosa Area Ambulance trucks! Gone are the days of forest green. We're proud to now sport royal blue, a color that represents our local Anamosa School District and our community spirit. This change began with the arrival of our newest truck this fall.

This addition brings numerous benefits to our community including:

- 1 Improved Response Times: With an additional ambulance, we can reduce response times, ensuring that medical help reaches you even faster in critical situations.
- 2 Enhanced Coverage: An additional vehicle will enable us to cover more ground, especially during peak times or when multiple emergences happen simultaneously.

3 Increased Reliability: With another ambulance in service, we can ensure that our fleet remains operational and reliable, even when vehicles are undergoing maintenance or repairs. Purchasing, equipping and staffing this new ambulance is a significant investment. Each ambulance requires extensive equipment to deliver high-quality care in any emergency. This is where we need your support. We invite you to be a part of this vital endeavor. Your generous donations will directly contribute to:

- **Purchasing necessary equipment** with state-of-the-art medical technology.
- Training and certifying new paramedics and EMTs to staff the additional vehicle.
- **Covering operational costs** to ensure the ambulance is always ready for deployment.

Every contribution, no matter the size, will make a meaningful impact. To be a part of these fundraising efforts please call our Foundation office at (319) 481-6118.

Thank you for considering our request and for your unwavering support of the Anamosa Area Ambulance Service. Together, we can ensure that our community continues to receive top-tier emergency medical care.





Newest Expansion plan for JRMC – MRI Services Suite

Currently, Jones Regional Medical Center hosts a mobile MRI truck that rotates between facilities providing essential diagnostic services. Unfortunately, this service is not a permanent fixture at JRMC and therefore, cannot provide the 24/7 services that are truly needed in our area. MRI technology is critical in diagnosing and treating a range of medical conditions, from orthopedic injuries and neurological disorders to detecting cancer at its earliest stages. With our plan to expand our facility to include full-time MRI services, it will allow us to provide timely, life-saving care to every patient who needs it, right here in their own community.

Jones Regional Medical Center is expanding the imaging services department with a \$5 million project to establish an in-house Magnetic Resonance Imaging (MRI) suite. Construction is set to begin in spring 2025, with projected completion at the end of 2025.

This addition will host a Siemens Magnetom Altea 1.5 Tesla MRI machine designed for patient comfort. It features a short magnet and multiple flexible coils for high-quality imaging of various body parts, including hands, wrists, shoulders, feet, ankles, and knees. A tiltable head and neck coil enhances comfort for head and neck imaging.

While we know the incorporation of our MRI expansion is necessary to quality of care, it brings financial challenges for the hospital system. You can help make a difference! Please consider making a donation to help fund this essential project. Your gift, in any amount, will bring us closer to ensuring that Jones Regional Medical Center can continue to provide the high level of care that our community deserves. Together, we can make sure that the advanced diagnostic technology is available to all who need it.

If you would like to learn more about how to support JRMC and the MRI expansion, please call our Foundation at (319) 481-6118.

Volunteer Spotlight

At Jones Regional Medical Center, we are fortunate to have some of the best volunteers! Dalton and Skye bring a unique set of skills to the hospital during their visits. As a team, their primary role is with Camp Courageous of Monticello, working with campers during their stays. However, JRMC is lucky enough to welcome them weekly as they visit patients, families, and staff throughout the hospital, including in our inpatient, emergency, and infusion areas. They're even kind enough to make additional visits upon request, if their already packed schedule allows.

Visits from this duo have been shown to improve mood, reduce stress, alleviate pain, enhance cognitive function, encourage activity, and elevate overall quality of life. Everyone who interacts with Dalton and Skye experiences benefits that cannot be achieved through standard practices alone. The smiles they bring are truly priceless.

Thank you, Dalton and Skye, for all you do for JRMC!



Dalton & Skye

Gifts to Jones Regional Medical Center Foundation

Mr. and Mrs. Adrian Knuth Alan Jacobs Farm In memory of Keith Dirks Alex Carlson Lisa & Daryl Schepanski Allan Sather In memory of Henry Sather Allison Niedermann Allison VonSprecken Alvin and Sharon Johnson Amber L. Collum Amy Covington Amy and Keith Keltner In memory of Eleanor Schultejans Amy and Keith Keltner Anamosa Lions Club Andrea D. Wulf Andrea Hunter Andrew Strub Dr. Angela and Rick Greif Angela Schwendinger, M.D. Anna C. Pruess Bret and April Delarm In memory of Paul Stevens April and Nicholas Golwitzer Ashley A. Fowler Ashley A. Herman Audrey G. Savage Barbara E. Martin Barbara E. Martin In memory of Carlene Steen & Robert Steen Barry Goettsch Bernard and Anna Manternach **Bernieta Wells** Betty J. Gissel **Betty Paschall** Bill and Suzanne Goodman Bonnie L. Mull Bree A. Stamp Ms. Brenda Warner Brent and Julie Hagerman Dr. and Ms. Brian Darrow Brian and Julie Nassif Brittany N. Walker

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In memory of Keith Dirks

Donations received through November 1, 2023 - May 3, 2024. If we have misspelled a name or missed someone, please notify us at (319) 481-6118 or email jrmc_foundation@unitypoint.org to correct our error.

Stephanie Musser



Therapy Services Manager, Allison Niedermann, leading the Parkinson's Support Group in some group exercises.

Celebrating a Decade of Support: 10 Years of the Parkinson's Support Group

As the Parkinson's Support Group marks its 10-year anniversary, we reflect on a decade of compassion, resilience, and community for those affected by Parkinson's disease. Over the past ten years, the group has become a vital source of strength, connection, and education for individuals living with Parkinson's, their families, and caregivers. This milestone is a testament to the unwavering commitment of everyone involved and the profound impact the group has had on its members' lives.

A Decade of Growth and Connection

What began as an idea of gathering individuals seeking information and support has grown into a community of people united by a shared experience. One of the most powerful aspects of the group has been its ability to create a safe, non-judgmental space where people living with Parkinson's and their families can express their fears, frustrations, and hopes. One group member writes, "Everyone is welcoming regardless of what stage of Parkinson's Disease. It is a great place to meet people who understand what we're up against."

Empowering Through Education and Advocacy

A core mission of the Parkinson's Support Group has always been to provide reliable information about Parkinson's disease. Educational events featuring physicians, therapists, and professional experts have helped members better understand the complexities and management of Parkinson's. One Parkinson's member encourages the community to join the group stating, "What you learn about Parkinson's is a comfort as you progress through the stages."

Providing Emotional and Practical Support

While the medical and physical aspects of Parkinson's disease are often front and center, the emotional impact is equally profound. Over the past 10 years, the Parkinson's Support Group has recognized that coping with a chronic, progressive condition requires more than just medical intervention. Support group meetings and peer-to-peer mentorship have offered invaluable emotional support to both individuals living with Parkinson's and their caregivers.

Caregivers, too, have found strength and encouragement in the group, as they are often the unsung heroes of the Parkinson's journey. The group has worked to provide caregivers with resources and emotional outlets to ensure that they also receive the support they need to continue their vital role. One caregiver writes, "[The] atmosphere makes me feel better about myself and what I am facing with the challenges of caring for my mother with Parkinson's."

> THANK YOU

Celebrating Achievements and Looking Ahead

On this momentous anniversary, we extend our heartfelt thanks to all the members, volunteers, caregivers, healthcare professionals, and donors who have made this journey possible. Your support has made a tangible difference in the lives of people living with Parkinson's disease in our community.

Here's to another decade of making a difference, raising awareness, and providing support to those who need it most.

If you or someone you know is affected by Parkinson's disease, please reach out to the Parkinson's Support Group for information, resources, and support at (319) 481-6327 or email Allison at Allison.Niedermann@unitypoint.org.

Celebrating the Success of Our Employee Giving Campaign: A Testament to Generosity and Community Spirit

What sets Jones Regional Medical Center apart is the dedication of our team. Our commitment goes beyond the excellence in our work, but also creating meaningful impact in the communities we serve. Our recent employee giving campaign exemplifies this commitment, and its outstanding success has been nothing short of inspiring.

The employee giving campaign, which ran throughout the month of September, set a new benchmark for participation and contributions. With a goal to inspire fifty percent of our employees to join as donors, we were excited to engage fifty-two percent of our team members joining our efforts with donations. That's an increase of twenty percent from last year! Moreover, with the increase of participation increases the number of dollars raised and the impact made at Jones Regional Medical Center!

Team members had the opportunity to direct their donations to the areas most meaningful to them, including their own departments, the iGrants program, which funds innovative projects, and the Employee Crisis Fund, which provides support to staff in times of need.

Beyond the financial impact, this campaign strengthens our team's connection to the hospital's mission. By pooling our resources, we've empowered our employees to take ownership in what we have to offer our community. The campaign has strengthened the bonds within our team, fostering a deeper connection and shared pride in what we can achieve together.



JRMC Hospital Board members Aimee Hospadarsky, Phil Hanna, Casey Greene and Amy Keltner assisting in distributing pizza to 2nd shift staff during our Employee Giving Campaign fun week!

Grants make a HUGE impact thanks to our employee giving campaign!

Each year, employees have the opportunity to support JRMC's iGrant program through donations. These contributions allow departments to request funding for equipment purchases that enhance patient care.

This year, we're thrilled to announce the funding of seven requests, including:

- Ventilator supports for our ambulances
- Vital sign monitors in the ER
- A carpet cleaner for our EVS department
- Patient care supports in Infusion
- A pediatric exam table for our Monticello clinic
- A handheld pulse oximeter for Palliative Care
- A manual audiometer for our Work Well Clinic

These purchases would not have been possible without the generosity of our employee giving campaign. Thank you to our staff members who go above and beyond-not only by providing exceptional care but also through their financial support. Thank you!



Work Well team Joe Kim, Leah Grant, Dr. Angela Grief, & Karen Janko with their new audiology machine purchased thanks to their iGrant award.

Ways to Support JRMC Foundation

Updated Online and Mobile Giving Option

We've made it easier for you to give, right on your mobile device or computer. To give a gift or to honor a caregiver or loved one visit unitypoint.org/anamosa/donate-online

Or mail your gift:

JRMC Foundation 1795 Hwy 64 East, Anamosa, IA 52205

Phone: (319) 481-6118 or (319) 481-6326 Email: jrmc_foundation@unitypoint.org

Matching Gifts

Does your employer offer matching gifts? Consider doubling your gift to JRMC Foundation with an employer matching gift.



Honor your Loved Ones

• Thank you for considering a gift to the JRMC foundation with your loved one's memorials.

Appreciated securities, stocks and bonds

- Avoid paying capital gains tax on the sale of appreciated stock
- Receive a charitable income tax deduction
- Gift transfers can be done by electronic transfer or certified mail

Please consider including JRMC in your estate planning.



1795 Hwy. 64 East | Anamosa, IA 52205

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If you are interested in learning more about the Foundation and how you can best support JRMC, please contact:

Amy Keltner, Director, Community Development (319) 481-6118 or Amy.Keltner@unitypoint.org

Pamela Goodyear, Volunteer & Community Development Associate (319) 481-6326 or Pamela.Goodyear@unitypoint.org

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Mail your gift or contact us with questions at: JRMC Foundation 1795 Hwy 64 East, Anamosa, IA 52205 email: jrmc_foundation@unitypoint.org

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002137-11 12/24 CS

OUR MISSION:

Improve the health of the people and communities we serve.



UnityPoint Health Jones Regional Medical Center



The Pulse; Volume 25, Issue One 2025

The Pulse Newsletter is published by: Jones Regional Medical Center Foundation 1795 Hwy. 64 East Anamosa, IA 52205 (319) 462-6131

unitypoint.org/anamosa