

**IOWA LUTHERAN HOSPITAL TRACK-DES MOINES
UNITYPOINT HEALTH-CENTRAL IOWA FAMILY MEDICINE RESIDENCY**

Policy: Work Hours

All residents will comply with the ACGME duty hours. These are outlined in the Iowa Health Resident Handbook in Section B. This policy addresses the mechanisms that are used to comply with the work hour rules and expectations.

Residents are scheduled for duty hours based on rotation. Hours may be daytime or nighttime hours or 24 hour shifts. Residents will carry the two residency phones. Calls for assistance with in-hospital activities will occur through these phones. A senior resident is always immediately available for supervision and assistance of these activities. Activities of a resident include, but are not limited to:

1. Respond to all Code Blue, Code Pink
2. Respond to MET calls for EDM patients and OB alerts. All other patients overnight and on weekends.
3. Perform the duties assigned by the scheduled rotation
4. Admit EDM patients
5. Admit patients as assigned by hospitalist team
6. See EDM patients in the emergency room on request by ED physician
7. Pronounce death on hospital patients when called
8. Reading radiographs for nasogastric or PICC line placement
9. Assist other physicians in the evaluation and treatment of their hospitalized patients

Call hours are as follows:

Monday through Friday:	5:30 PM to 7:30 AM
Saturday:	8:00 AM to 8:00 AM Sunday
Sunday:	8:00 AM Sunday to 7:30 AM Monday
HOLIDAYS	8:00 AM to 8:00 AM (July 4/Memorial Day/Labor Day/ Thanksgiving Day/Christmas Day/New Year's Day)

Weekend and holiday hours could change as determined by attending.

Check-out occurs at 7:30 AM and at 5:30 PM each day unless noted above. Residents coming on duty are expected to be on time and residents leaving are expected to stay until complete check-out is done.

Call is the responsibility of each resident. The call schedule is prepared by the chief resident. If you are scheduled for call and have a conflict, it is **your** responsibility to work out a trade. Changes will be reflected in Amion.

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Each resident is expected to take a certain number of calls during residency. Equity is the ultimate goal in preparing the call schedule. Each resident is expected to take his/her equal share of weekend, holiday, phone, and hospital call, etc. Under no circumstances shall any resident give any compensation, monetary or otherwise, to another resident to cover a scheduled call.

In case of illness, a resident must communicate with the Family Medicine residency office at 265-1050. Messages should never be left with the clinic answering service. On-call problems need to be discussed with the Chief Resident.

Reviewed 6/22