# Healthcare Provider Referrals and Insurance Coverage

Parents sometimes have concerns about their child's development. It is important to talk to your doctor or nurse practitioner about these concerns. A doctor's referral is required to receive Witwer Children's Therapy services.

Services at Witwer Children's Therapy are covered by most insurance companies, including Blue Cross/Blue Shield, Hawk I, Medicaid and other types of insurance. Our care coordinator will work with you to determine covered services.

To learn more about how St. Luke's Witwer Children's Therapy can help your child and family, please call (319) 369-8407 or (319) 369-8001. Whether you have specific questions, or want to learn more about our services, we look forward to talking with you.

# St. Luke's Physical Medicine and Rehabilitation

Witwer Children's Therapy is a part of the Physical Medicine and Rehabilitation Division of St. Luke's Hospital. St. Luke's is a regional leader in the physical rehabilitation field, offering the most comprehensive array of services in eastern Iowa.

### Witwer Children's Therapy Locations

#### Williams Plaza

3245 Williams Parkway SW, Cedar Rapids (319) 369-8407

#### Hiawatha Children's Campus

1079 N. Center Point Road, Hiawatha (319) 369-8001

Please call either of the Witwer Children's Therapy clinics for more information.





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# UnityPoint Health® - St. Luke's Witwer Children's Therapy





# What makes St. Luke's Witwer Children's Therapy Unique?

## Family-Centered Care

Family-centered care means you are an active participant in your child's therapy. Family is the constant in a child's life and supporting families is our primary focus. This is evident in everything we do, from scheduling appointments and setting goals to welcoming brothers and sisters at therapy appointments.

## Expertise

Witwer Children's Therapy is one of the largest pediatric outpatient therapy centers in Iowa. We help children who have difficulty as a result of a diagnosis, such as developmental delay, Autism, ADHD, or Cerebral Palsy, as well as children with no diagnoses who are not reaching developmental goals. Some of our specialty services include: Integrated Listening System, serial casting, splinting, Interactive Metronome, Universal Exercise Unit, hippotherapy, aquatics, strength group, social skills group, animal assisted therapy, parent support group and a feeding clinic. Our comprehensive therapy services ensure your child will receive the best care possible.

## **Experienced Therapists**

Our therapists have extensive education in pediatric therapy, with many holding pediatric certification. In addition, we have an average of at least five years of clinical experience in treating infants and children with a variety of problems.

## **Community Partnerships**

We also have a successful track record of working with others involved in your child's care, including your healthcare provider or your child's school therapist. If your child receives therapy through the AEA, the services at Witwer Children's Therapy can complement this therapy to further develop skills.

## What We Do

#### **Dietitian Services**

Nutrition is a key component to optimizing a child's growth, development, therapeutic outcomes and overall healthy immune system. The registered dietitian collaborates with the child's family, therapists and healthcare provider to develop a nutrition plan to meet these needs. In addition, the dietitian and our feeding team specialize in developing and supporting the implementation of blenderized diets for children who receive their nutrition through a gastrostomy tube.

### **Occupational Therapy**

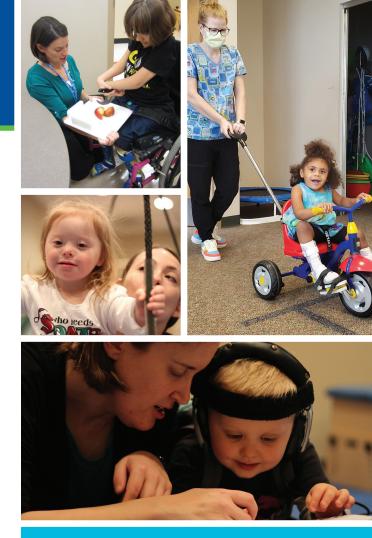
Occupational therapists help children succeed with activities of daily living including feeding, dressing, writing and playing. Occupational therapists identify and treat problems in development or sensory processing that may interfere with these skills.

### Physical Therapy

Physical therapists work with children to help them develop the skills they need to crawl, walk, run and play with their friends. Physical therapists evaluate and treat problems in development, coordination, strength or balance that might make these activities difficult.

### Speech and Language Therapy

Speech-language pathologists help children understand what is being said to them and express their needs, thoughts and ideas. Speech-language pathologists assess all aspects of communication such as understanding/ comprehension, pronouncing sounds, voice problems and stuttering.



## What our families say about St. Luke's Witwer Children's Therapy

"I have been very pleased, encouraged and impressed with the professionals in all departments at Witwer - for my child and my foster children."

"The therapists at Witwer are awesome! They made everything much easier for my child and myself than I would have thought possible. Their hard work and dedication greatly improved my child's life! I have recommended Witwer to several families."