



UnityPoint Health
Grinnell Regional
Medical Center Foundation

GRMC IN FOCUS



In this issue...

Philanthropic Impact

- New EndoFLIP for GRMC's Surgery Department
- Bike Helmets Distributed to 464 Third Graders
- Key Cooperative Supports *Delivering Our Future* Campaign
- Navigate Your Future

Hospital News

- Lab Expansion and Renovation Begins
- GRMC Earns LGBTQ+ Healthcare Equality Leader Designation
- Provider for New Behavioral Health Clinic
- GRMC Foundation Board Member Spotlight: Dr. David Cranston

For more information or to opt-out of future newsletters, call (641) 236-2079 or email donna.fischer@unitypoint.org.

Friends,

I am excited to introduce UnityPoint Health - Grinnell's new president, David-Paul Cavazos!

David-Paul's first day was June 3rd, and he has hit the ground running. As a seasoned healthcare leader with more than 27 years of experience, he is ready to grow our programs and services to meet the health care needs of our communities.

"I am excited to begin this new role at UnityPoint Health - Grinnell and work with the outstanding team," said David-Paul. "Everyone I met through the interview process was welcoming and excited about the future. I'm looking forward to working with the leadership team, physicians and team members to continue to advance health care in the Grinnell and surrounding communities."

Most recently, David-Paul served as CEO for Hodgeman County Health Center in Jetmore, KS, where he focused on organizational development, workforce recruitment and strategic growth efforts with physician partners. Prior to that position, he worked at several healthcare systems, including Nobel Health and Republic County Hospital, a Great Plains Health Alliance hospital and was the COO for Southeast Kansas Mental Health Center.

We are fortunate David-Paul has brought his dynamic and energetic leadership to GRMC, where he is dedicated to building a culture of inclusiveness and implementing solutions that best serve our patients and communities.

Please welcome David-Paul and his wife, Laura, and their three children Issac (18), Abram (13) and Ada (10) to Grinnell. They look forward to getting involved in the community and I know you will quickly make them feel like part of the GRMC family.

Believe what do you makes a difference because it does.



Donna Fischer

Donna Fischer
Director of Development

ONE HUNDRED PERCENT of every dollar donated to the GRMC Foundation stays local to benefit the healthcare programs and needs in the GRMC service area. For more information and to make a gift, visit www.unitypoint.org/grinnell/foundation.

PHILANTHROPIC SUPPORT



NAVIGATE YOUR FUTURE

Boating enthusiasts will tell you that a good compass is essential to reaching your destination. A well-written estate plan can do the same thing. Why leave your legacy to chance when it is so easy to steer your own course? Here is a step-by-step process to building your legacy.

1. *Stay committed to the process.* It may take a month or more to complete your plan, but in the end the security you can provide your family will be worth the effort.
2. Ask us about our *free Estate Planning Guide*. This guide will help you gather important information about your family and assets and assist you in developing your goals to complete a plan that is right for you and your family.
3. *Meet with an estate planning attorney* and share your information from the guide, and the attorney can help you finalize your plan.

To learn more, visit grmcfoundationlegacy.org or contact us at (641) 236-2079.

NEW ENDOFLIP FOR GRMC'S SURGERY DEPARTMENT

Thanks to your donations, the GRMC Foundation was able to help GRMC's Surgery Department purchase a new EndoFLIP, a minimally invasive type of technology that can be used during an endoscopy to measure dimensions, movement and pressure inside the esophagus and other organs.



Pictured with the EndoFLIP, left to right, are members of GRMC's surgery team: Jaci VanNorden, Emily Larson, Nicky Williams, Lori Glasgow, Breanna Saunders.

BIKE HELMETS DISTRIBUTED TO 464 THIRD GRADERS

Free bike helmets were recently distributed to 464 third graders in 11 area schools for the 29th year in a row. A thank you note from a Lynnville-Sully third grader said, "Thank you for the awesome bike helmet. I will use it all summer. I like it a lot. I will never forget, if there are wheels under you, you need a helmet."

This safety initiative is only possible because of your donations! Thank you for helping to keep our children safe on wheels.



Pictured is the team who distributed helmets at Davis Elementary, left to right: Holly Pettlon, Wellness Supervisor; Craig Cooper, former owner of Bikes To You and owner of Iowa Built; Barb Arlint, Iowa Built; and Wellness Specialists Grace Diehm, Megan Jensen, Kayley McCain.

KEY COOPERATIVE SUPPORTS DELIVERING OUR FUTURE CAMPAIGN

Fundraising continues for the *Delivering our Future* campaign while the planning process continues to move closer to the phase one start date. Recently **Brent Deppe**, COO & Agronomy Division Manager, CCA, at Key Cooperative's Grinnell Agronomy Center, stopped by the GRMC Foundation's office to drop off two donations for the campaign – a grant from **Key Cooperative** and a matching grant from **Land O'Lakes Foundation**. Both companies are committed to the communities they serve and work to enhance the quality of life of their members and customers. Thank you, Key Cooperative and Land O'Lakes Foundation, for your support!



LAB EXPANSION AND RENOVATION BEGINS

On May 22, phase one of the renovation and expansion of the GRMC Laboratory began. This phase is taking place in the old GRMC registration space and is projected to end in early September 2024. Phase two includes building the new laboratory space and is estimated for a December 2024 completion date. After construction and renovations are complete the lab will be approximately 1,000 square feet larger to include:

- A separate waiting space
- Three modernized draw rooms
- Staff support area with workspaces and offices

This renovation of our original 1974 laboratory will provide exciting improvements for our patients and team members!



GRMC FOUNDATION BOARD MEMBER SPOTLIGHT: DR. DAVID CRANSTON

Dr. David Cranston is passionate about the ins-and-outs of health care and wants to make sure our teams at GRMC feel supported. He is also passionate about our maternity services program and the care it provides to expectant mothers.

“I want our community to know we have excellent, local health care. The providers and staff at UnityPoint Health - Grinnell are committed to quality care and service,” says Dr. Cranston. “They are forward looking and striving to ensure quality care is available to all in our service area.”

In his free time, Dr. Cranston enjoys dabbling in genealogy, crossword puzzles and history. He is also part of Food Recovery network and rescues unused, good food and redistributes it to those experiencing hunger in Grinnell. Since 2014, he and other volunteers have “rescued” over 160,000 pounds of food that would have ended up in a landfill.

“It is rewarding to be associated with other community members who share the commitment to keep us moving forward to provide state of the art care,” says Dr. Cranston.

Thank you, David, for your dedication to our local hospital!

GRMC EARNS LGBTQ+ HEALTHCARE EQUALITY LEADER DESIGNATION

GRMC, Iowa Methodist Medical Center, Iowa Lutheran Hospital, Methodist West Hospital and Blank Children’s Hospital were named five of the 384 healthcare facilities nationwide earning the “LGBTQ+ Healthcare Equality Leader” designation from the Human Rights Campaign Foundation (HRC). These designations were awarded in the 16th iteration of HRC’s Healthcare Equality Index released on May 7. This is the first time GRMC has been recognized by HRC at Leader status.



PROVIDER FOR NEW BEHAVIORAL HEALTH CLINIC

Margot Duchowny, PMHNP, ARNPP, has joined the UnityPoint Health - Grinnell team as a telemedicine provider for patients ages 12 years and older in the new **Behavioral Health Clinic, located in the Ahrens Medical Arts Building**. Her mental health services include telemedicine consultations, counseling and medication management.



Magot received her undergraduate degree from the University of Miami and her graduate degree from Florida International University. She is certified as a psychiatric mental health nurse practitioner (PMHNP) by the American Nurses Credentialing Center. She has experience in psychiatric crisis, consultation liaison and outpatient psychiatric interventions.

Thank you to Delta Dental of Iowa Foundation and the GRMC Foundation Board of Directors for providing financial assistance to develop and implement this new clinic.

**YOU MATTER
TO US AND TO
YOUR WORLD.**