Focus on Philanthropy
A publication of UnityPoint Health – Allen Foundation
March 2023

New Members of Gerard Circle
~ The VGM Group ~
To learn more about Gerard Circle, call (319) 235-3960.

Complimentary Estate Planning
Dr. Eddie Thompson
Thompson & Associates

Upcoming Dates:
~ Tuesdays ~
April 11, May 9, June 13
To learn more, call (319) 235-3960.

4TH ANNUAL
Mental Health Awareness Breakfast

Emcees: John Huff  Amy Wienands
KWWL  Amy Wienands Real Estate

Moderator: Susan Rolinger, MA

May is National Mental Health Awareness Month. Bette Wubbena, former Director of Events for Grow Cedar Valley and local community advocate, turned her vision for the Cedar Valley into this premier mental health awareness event. Bette passed in December 2022. You can help honor her legacy by joining us for a panel discussion with mental health and crisis professionals.

Panelists:
~ Jordan Dunn, LISW IADC | Certified Addictions Counselor, Pathways
~ Martin Edwards, PhD, LMFT, LMHC | Licensed marriage and family therapist, Cedar Falls Counseling Associates
~ Alyssa Fruchtenicht, LISW | School-based mental health provider, Black Hawk-Grundy Mental Health Center
~ Chief Joe Leibold | Waterloo Police Chief/Crisis Intervention Team, Waterloo Police Department
~ Manraj Padda, MD | Psychiatrist, Black Hawk-Grundy Mental Health Center
~ Cami Smalley, MA | Author, Guided Resilience Founder, and Professional Wellness Coach

Breakfast with Bette
4th Annual Mental Health Awareness Breakfast
Friday, May 12 | Bien VenU Event Center | 7:30 to 9 a.m.

Cost (breakfast included): Ticket: $50 | Students: $35 | Table of 8: $350

RSVP Options (respond by April 20):
• Online at: unitypoint.org/waterloo/breakfast
• Call (319) 235-3960
• Scan the QR Code

Doctors’ Day is March 30

UnityPoint Health – Allen Hospital and the Allen Foundation would like to offer you an opportunity to thank your doctor in honor of National Doctors’ Day on Thursday, March 30.

National Doctors’ Day is a way to share your gratitude for the exceptional skill, dedication and compassion our physicians show to our patients, their families and our communities. They use their hard-earned knowledge and skills to deliver our newborns, treat our illnesses and improve our quality of life.

To make a tribute gift, you can mail it to the Allen Foundation office, call (319) 235-3960, or make a gift online at: unitypoint.org/waterloo/donate.aspx

Please leave a note in the comment section and it will be shared with your doctor (the amount of your gift will not be shared).

If you no longer wish to receive fundraising communications from UnityPoint Health – Allen Foundation, please send an email to Michael.Lind@UnityPoint.org or call us at (319) 235-3960 to request that we remove you from our contact list to receive communications for this purpose.
Notes from the Executive Director:
Mike Lind

Last month, the Allen Foundation Board of Directors reviewed our year-end financials and overall performance from 2022. Thanks to your support, the impact made last year was truly amazing!

In total, we raised nearly $3.4 million, representing the highest total in the last several years. Gifts came from 1,601 unique donors. This total is the largest number of supporters in a single year for as far back as we've been keeping track—over 20 years!

Total gifts last year also resulted in a return on investment of 3.9, meaning your donations to the Allen Foundation are truly an investment, and quite a wise investment as well.

The Allen Foundation disbursed just short of $2.8 million throughout the UnityPoint Health—Waterloo region. Your gifts went on to support a variety of healthcare services, programs and education in the Cedar Valley.

Thank you for your generous contributions. Your gifts have never been more important to maintaining excellent and local healthcare services.

Mike Lind, Executive Director