Tips for Grandparents

How exciting to become a Grandparent! Here are some helpful suggestions to prepare you for your new role from the nurses and education specialists at Siouxland’s premier birth center.

• Support the new parents.
• Offer to help with house chores. Or offer to watch the baby for a few hours while you let the new parents take a nap.
• Call before you visit.
• Respect the method of discipline that the parents have chosen – even if it’s different than what you did.
• Don’t give advice unless it’s asked for.
• Be sure to treat all your grandchildren equally.
• Acknowledge your grandchild’s feelings. Be a good listener and a confidant.
• Let your grandchildren help with chores.

• Always transport your grandchildren in car seats.
• Think child safety right away. Childproof your home. Watch hot liquids. Don’t leave children in a tub alone. Get used to placing purses in unreachable places.
• Spend time reading to your grandchildren. This may become a favorite memory to your grandkids.
• Be respectful of other family members. Do not be competitive with other grandparents.