Gerard Circle Spotlight: Gayle & Ed Juhl

Connection to Allen
Gayle worked as a speech language pathologist for 28 years at UnityPoint Health – Allen Hospital.

Employment History
Gayle graduated with a master’s degree from UNI in 1979 and worked with high school hearing-impaired and deaf students for four years. She was then employed by the Iowa Veterans Home for 10 years, working with honorably discharged veterans and their spouses who needed communicative, cognitive and swallowing therapy. In April 1994, she joined Allen Hospital.

Why are you inspired to give back to the Allen Foundation?
As Gayle’s retirement neared, her husband, Ed, asked her, "Have you thought about giving back?" The couple discussed the idea of giving money to UnityPoint Health. "There is always an ongoing need in healthcare," Gayle says. "We discussed the idea of giving a certain amount for each year that I worked at Allen."

What does being a member of Gerard Circle mean to you?
"When giving the donation to Allen Hospital, my hope was that it improved care for the patients and helped the staff in delivering that care," Gayle says. "My hope is that others will also consider giving back to Allen Hospital at the time of their retirement with an amount that's comfortable for them."

February is Heart Month!

Heart month is a great time to talk about the amazing heart care we provide for patients right here in the Cedar Valley. In recent years, Allen has received top-of-the-nation honors (we were named a Top 50 Cardiovascular Hospital by Fortune/IBM Watson Health), while gathering kudos for treatments like Acute Myocardial Infarction, Heart Failure and Percutaneous Coronary Intervention and Coronary Artery Bypass Graft work. Some 2022 statistics:

- Median door-to-EKG is 4 minutes when patients presented to the ER with chest pain
- Median door-to-door times for heart attack victims is 30 minutes, which is especially remarkable in our industry
- Performed 22,000 EKGs, 5,693 stress tests and 228 open-heart surgeries
- Performed 42 TAVR surgeries – the new, minimally invasive heart valve replacement procedure
- Offered over 50 procedures for testing, diagnosis and treatment of heart disease through our Heart & Vascular Center

So, join us in celebrating Heart Month. To learn more or to donate in support of Allen’s Cardiovascular Services, visit www.unitypoint.org.
Notes from the Executive Director: Mike Lind

Of course we think about Valentine’s Day when the month of February rolls around, but here at UnityPoint Health, we also celebrate “You Matter Day” on the 14th of February.

You Matter Day is a chance to celebrate all of the team members and others that make UnityPoint Health so great! It’s also a chance to raise up the values that we embrace system-wide known as our FOCUS Values.

This year’s You Matter Day theme is “You Make Life Brighter.” Aside from recognizing our own teams, I feel like this special day and theme resonate well with a variety of those close to UnityPoint Health and specifically Allen.

Our local team members, physicians and providers have an incredible impact on the community through their skill, knowledge and compassion in treating patients. Many of those who work at Allen also personally give back to the Allen Foundation during our annual Employee Giving Campaign.

Volunteers at Allen Hospital and throughout the Waterloo region accounted for over $1 Million last year through nearly 36,000 hours of service.

And finally, you, financial supporters of the Allen Foundation. Your gifts make a difference and You Matter! That’s why February 14th is extra special at Allen.

Mike Lind, Executive Director

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Donate to Educate Virtual Scholarship Benefit | February 19 - 23

The Allen College Alumni Association invites alumni and friends of Allen College, along with the entire community, to support our students through this year’s virtual event! Allen College provides programs of excellence in nursing and health sciences as it educates the next generation of healthcare professionals. All event proceeds benefit students through scholarship assistance and campus enhancements.

**Featured Raffle** | $25 each (only 200 of each available):
- Spend a week in Sarasota, Florida!
- Pair of E-bikes and Accessories

**Raffle** | $5 each (no limit on tickets purchased)
Win a Pandora bracelet from Roth Jeweler’s!

To learn more and view current silent auction items, scan the QR code or go to: unitypoint.org/waterloo/donate-to-educate

**Auction is live at noon on Sunday, February 19!**

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UnityPoint Health-Allen Foundation Welcomes New Board Members

The Allen Foundation is pleased to announce the addition of three new board members:

Nickole Dillard | Rick Morris | McKensie Shupe (Student)

The new members will fill in for previous members who have completed their terms or have left the board in 2022. Welcome!

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Monthly Giving is Easy and Impactful

Start the year off right by setting up a monthly gift to the Allen Foundation. Monthly gifts add up to make a big difference for patients, students and families at Allen.

To set up your monthly contribution, visit www.unitypoint.org/waterloo/donate-now or call the Foundation at (319) 235-3960 with questions.