



UnityPoint Health
Grinnell Regional
Medical Center Foundation

GRMC IN FOCUS

ISSUE 4, 2023

Friends,

What a fun, eventful summer it has been. Representing the GRMC Foundation, I am honored to have made many appearances to raise awareness about the great initiatives at GRMC. It was a joy to share my summer with YOU.

I am so proud to provide information about the amazing things happening at GRMC and **YOU, our donors, are one of the reasons amazing things happen at GRMC.** I'd love to visit a community group, organization or business you are part of. Please feel free to reach out via my contact information below. To learn more about our Delivering Our Future campaign or donate to one of our funds, visit uph.link/GrinnellFoundation.

Your support is critical to GRMC fulfilling its mission and I thank you for thoughtfully investing your philanthropic dollars with GRMC.

Donna Fischer



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For more information or to opt-out of future newsletters, call (641) 236-2079 or email donna.fischer@unitypoint.org.

ONE HUNDRED PERCENT of every dollar donated to the GRMC Foundation stays local to benefit the healthcare programs and needs in the GRMC service area. For more information and to make a gift, visit unitypoint.org/giving/grinnell-regional-medical-center-foundation.

7/27

RAGBRAI

I promoted the Bike Helmets for Third Graders fund with help from GRMC Foundation board members **Debby Pohlson** (with her husband, **Paul**), **Jeff Menary** and **Dawn Disney-Bruggeman** plus **Kayley Thompson**, GRMC Wellness Specialist, and **Kyle Wilcox**, vice president of Finance and Operations, GRMC.

8/9

Grinnell Chamber Ambassadors

I attended with **Holly Pettlon**, GRMC Wellness Supervisor, who presented information about the Bike Helmets for Third Graders program.



8/10



Grinnell Farmers Market

Kim Jones, RN, one of GRMC's obstetric (OB) nurses, and I staffed the GRMC table to share information about the Delivering Our Future campaign.

8/24

Montezuma Booster Bash

With an assist from GRMC Foundation board member **Dawn Disney-Bruggeman**, I raised awareness of the Delivering Our Future campaign.

8/29

Grinnell Rotary Club

I introduced **Elizabeth Tigges, MD, FACOG**, head of GRMC's OB department, and she presented on the OB's current status and how important the Delivering Our Future campaign is to this growing service to our communities.



8/31

Ag Appreciation Day

This was another great opportunity to meet area residents and share information about the Delivering Our Future campaign.

PHILANTHROPIC IMPACT



BEHIND-THE-SCENES UPGRADES

Because of your support, there have been a couple of behind-the-scenes upgrades to help our team members as they provide care to our patients. Thanks to your philanthropic dollars, the *Emergency Department* was able to upgrade *LIFENET*, a comprehensive cloud-based platform that intelligently manages and delivers patient information and device data EMS and hospital teams need to work together seamlessly. Also, thanks to your donations, work has begun to upgrade *GRMC's nurse call system* using software specifically designed to streamline communication, promote responsiveness and boost workflow efficiency.

GRINNELL MUTUAL GROUP (GMG) FOUNDATION GRANT PROVIDES NEW ULTRASOUND TABLE

GRMC's Radiology Department thanks the GMG Foundation for the grant received earlier this year for a new **ultrasound table**. This new table has an ergonomic design for the comfort of the patient and the sonographer. In addition to having adjustable and hideaway stirrups, the table can be lowered to provide easier access for shorter patients then raised to an effective height for the exam, has movable arm pads for performing extremity work, and has a back that raises to help patients sit up after their exam is completed.



Pictured, left to right, with the new ultrasound table are GRMC sonographers Gretchen Rozenboom, RDMS, RVT, BS and Terri Nath, RDMS, RVT.

GRINNELL COLLEGE SUPPORTS *DELIVERING OUR FUTURE* CAMPAIGN

In a time when rural Iowa obstetrics (OB) departments are closing, GRMC's OB department is growing, thanks in part to generous donors like Grinnell College which recently pledged **\$100,000** toward the GRMC Foundation's *Delivering Our*

delivering
OUR FUTURE

Future capital campaign. "We're proud to be part of a community that is committed to keeping these important services local, while also always working to improve the experience for families," says Monica Chavez-Silva, vice president of Community Engagement and Strategic Planning for Grinnell College. "UnityPoint Health - Grinnell has been a longstanding partner in making Grinnell a welcoming community for young families and we're glad to be able to partner in this way."

Thank you, Grinnell College, for your generous support and your dedication to the community and the hospital.

KNOW YOUR IRA OPTIONS

For a long time, IRAs had two purposes - deposit money into them, and when retirement comes, take money out. However, in recent years, Congress expanded your opportunities and your ability to save money with your IRA distributions. In addition to making a *qualified charitable distribution* (QCD) as a donation to the nonprofit of your choice, you can also *turn your QCD into cash for life through a charitable gift annuity or charitable trust*. Both offer you attractive lifetime payments. There are some restrictions, but your financial advisor can help you with the details and the GRMC Foundation is here to help, too. For more information, visit our website at www.grmcfoundationlegacy.org.

HOSPITAL NEWS

CENTER OF EXCELLENCE GRANT RENEWED

UnityPoint Health - Grinnell has received a third round of grant funding from the Iowa Department of Health and Human Services (previously Iowa Department of Public Health) as a **Center of Excellence in rural maternal health care!** We have been awarded \$215,500 to continue establishing Iowa's framework for access to high quality obstetric services for rural populations.

Plans are underway to continue developing and growing from our prior year's work with perinatal outreach to Marshall County and a commitment to provide the services and support our patients need before, during and after childbirth. We remain dedicated to stabilizing and growing our maternal health service line for our communities.

NEW PROVIDERS



Brittney Jansen, MSN, ARNP, FNP-C, has joined our General Surgery and Weight Loss Surgery Clinic team. She completed her undergraduate and graduate degrees at Allen College in Waterloo and has more than ten years of surgical, emergency and hospice nursing experience. Additionally, she is a Guardian Angel recipient, a special recognition of care quality in hospice nursing, and is board certified by the American Academy of Nurse Practitioners.



Anna Mensing, MD, has joined GRMC's General Surgery and Weight Loss Surgery Clinic team. She received her medical degree from Indiana University School of Medicine and completed a general surgery residency and internship at Brown University in Rhode Island. Dr. Mensing resides in Grinnell with her family.



April Forsythe, MD, has joined UnityPoint Health - Grinnell's Family Practice Clinic after completing a family medicine residency at Iowa Lutheran Family Medicine in Des Moines where she was chosen as chief resident by her faculty and peers and was also chosen for the Nellie Smith Award by faculty members for her excellence in patient care and bedside manner. She received her undergraduate and graduate degrees from the University of Iowa. She and her fiancé have relocated to Grinnell.

UNITYPOINT HEALTH - GRINNELL SUCCESSFULLY COMPLETES ACCREDITATION

Congratulations to **all** UnityPoint Health - Grinnell team members on **successfully completing the full accreditation to DNV Healthcare USA Inc.** standards! This three-year accreditation encompasses our campuses at 210 4th Ave. in Grinnell, 202 4th Ave. in Grinnell and 101 W. Washington St. in Montezuma. *Thank you to all the team members and leaders who helped make this successful survey a reality.*





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TO US AND TO
YOUR WORLD.



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