



*Partnering in Health*

**A YEAR OF**  
**gratitude**

**AMAZING THINGS HAPPEN  
BECAUSE OF YOU**

2022 DONOR JOURNAL



**UnityPoint Health**

Grinnell Regional  
Medical Center Foundation

# mission

The purpose of UnityPoint Health® - Grinnell Regional Medical Center Foundation is to enhance philanthropic activities to ensure the UnityPoint Health - Grinnell Regional Medical Center (GRMC) mission of improving the health of the people and communities it serves.

# vision

The UnityPoint Health - Grinnell Regional Medical Center Foundation will inform and educate donors and the local communities regarding the work of GRMC while providing encouragement and opportunities to support the medical center's mission.

## 2022 BOARD OF DIRECTORS

UnityPoint Health - Grinnell Regional Medical Center Foundation

Debby Pohlson, *Chair*  
Larry Jansen\*, *Vice Chair*  
Jessica Dillon, *Secretary/Treasurer*  
David Cranston, MD  
Dennis Day  
Dawn Disney-Bruggeman  
Jennifer Havens, *CEO, GRMC*  
Laura Manatt  
Bill Menner  
Chad Nath  
Shannon Reding

UnityPoint Health - Grinnell Regional Medical Center

Jennifer Havens, *CEO*  
Sally Lang, *Chair*  
Rachael Kinnick, *Secretary*  
Darwin Copeman, *Treasurer*  
Jacob D. Boyer, PA-C  
Peggy Brown  
Ryan Dahlby-Albright, *Medical Staff President*  
Alan Maly  
Sid Ramsey  
Henry W. Morisada Rietz, PhD  
Sarah Smith  
Traci Smith  
David Stark  
Douglas Van Daele, MD, FACS

## TABLE OF contents

- 4 Welcome
- 5 2022 Disbursements of Gifts
- 6 Delivering Our Future
- 8 Hospital News
- 12 Philanthropic Impact
- 15 Our Grateful Patients
- 16 Legacy Partners
- 17 Planned Giving
- 18 2022 Family of Donors

### FOUNDATION STAFF



Donna Fischer  
Director of Development



Jan Veach  
Foundation Database Coordinator



**\*Larry Jansen** passed away on October 3, 2022. He was a tremendous advocate for local health care, and he firmly believed that a strong community needs a strong hospital. That

belief motivated his work on the GRMC Foundation Board and inspired his personal philanthropy. The GRMC Foundation Board of Directors and staff are grateful for his friendship and celebrate the legacy he leaves behind.

# welcome

## Dear Friends,

*We do amazing things here at GRMC.*

This is what GRMC's manager of Nursing Services and Intensive Care Unit, Sheenna Bachman, proclaimed during one of our recent daily RESPECT Huddles and we wholeheartedly agree with her. From life-changing surgery to emergency care to delivering babies, our team does amazing things every day.

*You are one of the reasons it is possible for GRMC to do amazing things.*

Your generosity and support and the way you give from your heart is amazing. You make it possible to purchase critical equipment to help our patients. You make it possible for our team members to enhance their skills with specialized training. You make it possible for GRMC to be here every day, ready to meet the health care needs of everyone who lives in Poweshiek County and the surrounding area.

As you read through this Donor Journal, we invite you to reflect on the impact you made through your gifts to the GRMC Foundation in 2022. Your support helped GRMC team members do amazing things, and we appreciate each one of you - our thoughtful donors, dedicated board members and committed providers and team members.

Thank you for sharing our vision and supporting our mission with your generosity and compassion.

*People are amazing. Especially you.*



*Debby Pohlson*

**Debby Pohlson**  
Board Chair  
UnityPoint Health - Grinnell Regional  
Medical Center Foundation



*Donna Fischer*

**Donna Fischer**  
Director of Development  
UnityPoint Health - Grinnell Regional  
Medical Center Foundation



*Jennifer Havens*

**Jennifer Havens**  
Chief Executive Officer  
UnityPoint Health - Grinnell Regional  
Medical Center

# 2022 DISBURSEMENTS OF GIFTS



## A YEAR IN REVIEW

### ADMISSIONS

Hospital  
Inpatients  
**1,384**

Outpatients  
**87,666**

Intensive  
Care Unit  
**83**

### SURGERIES

Inpatient **419**      Outpatient **1,574**

### VISITS

Emergency Department  
**8,927**

Walk-In Clinic  
**4,756**

OBGYN Clinic  
**4,310**



**EMPLOYEES**  
**325**

**BABIES BORN**  
**210**



The GRMC Foundation is honored to help you make a meaningful impact on the programs and services GRMC provides. With your donation, you partner with GRMC in fulfilling our mission to improve the health of the people and communities we serve.

In 2022, donations to the GRMC Foundation provided more than \$350,000 in philanthropic support to GRMC. Listed below are some of the many areas impacted by the generosity of our donors.

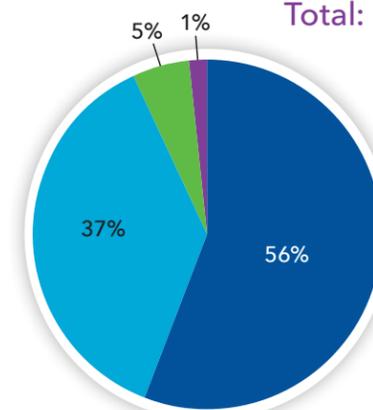
- Obstetrics (OB)
- Surgery
- Physical Therapy
- Patient Transport
- Laboratory
- Medical/Surgical
- Hospice

**100%**  
of your gift stays  
local to benefit the  
health care programs  
and needs in all the  
communities we serve.

## 2022 DISBURSEMENTS OF GIFTS

|                         |       |             |
|-------------------------|-------|-------------|
| ■ Medical Equipment     | ----- | \$81,857.27 |
| ■ Programs and Services | ----- | \$54,723.66 |
| ■ Patient Assistance    | ----- | \$7,891.98  |
| ■ Education             | ----- | \$2,049     |

**Total: \$146,521.91**



# Delivering Our Future

## growing obstetrics

Pregnant women living in rural America face unprecedented barriers to maternity care. More than 100 rural hospitals throughout the country have closed since 2010. Of those that remain, 20% are at risk of closing and many are choosing to shut down their OB units due to the growing shortages of physicians, nurses and anesthesia staff.

**In Iowa there were 79 hospitals with OB units in 2013; there are only 56 today, a decrease of nearly 30%.**

Hospital and/or OB unit closures mean laboring women in rural areas face longer journeys, which lead to an increase in births outside of the hospital, births in hospitals without OB care or births in an emergency department. These situations put the mother and the baby at risk.

*GRMC is currently the only hospital with an obstetrics unit in Poweshiek, Marshall, Iowa and Tama counties.*

Our commitment to stabilize and grow our maternal health service line for our region remains steadfast because we believe it is fundamental to our communities and to our mission.

The *Delivering Our Future* campaign will focus on optimizing the existing space of our OB unit, including adding a labor, delivery, recovery and postpartum (LDRP) room for a total of four in the unit.

Last renovated in 2000 with the support of John and Jewel Kintzinger, there are currently only three labor and delivery rooms. With increasing frequency, those rooms are consistently full. The year 2022 saw a 27% increase in babies born at GRMC compared to four years ago. A record 210 babies were born at GRMC last year, and there were more than 4,300 visits to our OBGYN Clinic in the same year, supporting the expected increase in babies to be born at GRMC in the near future.

Growing the OB unit is critical to meeting the needs of parents and babies in our rural region of central Iowa.

The State of Iowa is equally concerned about the maternal health needs in our state's rural areas. GRMC was awarded the **Center of Excellence Grant by the Iowa Department of Public Health (IDPH)** for the 2022-2023 calendar year. This is a continuation of the Centers of Excellence Grant GRMC received in 2021.

In a state and nation where necessary OB services are becoming scarce in our rural areas, GRMC is committed to being fully equipped and accessible to deliver future generations for years to come.

To learn more about the *Delivering Our Future* campaign, contact Donna Fischer, Director of Development, at (641) 236-2079 or by emailing [donna.fischer@unitypoint.org](mailto:donna.fischer@unitypoint.org).

delivering  
OUR FUTURE  
GROWING OBSTETRICS

## Iowa Center of Excellence Award

GRMC was awarded the **Center of Excellence Grant by the Iowa Department of Public Health (IDPH)** for the 2022-2023 calendar year. The \$212,500 grant will continue to establish Iowa's framework to sustain access to high-quality OB services for rural populations. Focus areas of the Center of Excellence grant include rural maternal health needs in Iowa, Marshall, Poweshiek and Tama counties and maternity care services at GRMC. For the current grant period, grant dollars are focused on maternal health outreach in Marshall and Poweshiek Counties to bring OB care offerings closer to more parents-to-be in those counties.



Left to right: Adam Gregg, Lieutnant Governor of Iowa; Maddie Callaway, Clinic Administrator - Physician Services-Grinnell; Alex Smolik, Business Development Strategist-Finance-Grinnell; Kim Reynolds, Governor of Iowa; Jennifer Havens, CEO, Grinnell Regional Medical Center; Shauna Callaway, Director of Public Health and Wellness-Grinnell.

## OB Team Receives Hepatitis B Birth Dose Honor Roll Recognition

GRMC was named to the Hepatitis B Birth Dose Honor Roll by the Immunization Action Coalition for achieving a vaccination rate of 97 percent of all newborns born from July 2021 through June 2022. Thank you, OB team, for ensuring our littlest patients are protected from Hepatitis B.



Left to right: Michelle Moore, RN; Morgan Bech, RN; Cariin Schuver, RN; Mindy Johnston, RN; Kami Walters, RN

## OB Awarded Silver Safe Sleep Designation

**Congratulations to our OB department for achieving the five-year designation of a Silver Safe Sleep Hospital by Cribs for Kids®.** Our OB team has demonstrated a commitment to best practices, team member and patient education and community outreach in supporting safe infant sleep. GRMC gifts every infant with a wearable blanket before discharge. Thank you, OB team, for all you do for our smallest patients!



Left to right: Cherish Hansen, RN; Dee Brown, RN; Sheryl Baarda, RNC - OB Nurse Manager, Chemotherapy/Infusion Center; Cariin Schuver, RN; Kami Walters, RN

GROWING OBSTETRICS

# hospital news

## Newly Renovated Patient Registration

We are pleased to show off GRMC's new Registration area. Completed in the summer of 2022, this new space provides a higher degree of comfort and privacy for our patients during the check in process. Below are some of the comments we've received following the renovations:

"The new facilities for registration facilitate checking in greatly! Much more privacy with comfortable surroundings."

"The waiting area is beautiful! Grinnell is SO lucky to have such a facility!!"

"Thank you relocating the admitting department. The new space is beautiful, properly located in the hospital with private spaces to discuss matters that should not be shared with others. Long overdue and well done."



## National Rural Health Day Roundtable Held at GRMC

GRMC hosted regional community leaders, representatives, advocates and United States Department of Agriculture (USDA) Rural Development State Director in Iowa Theresa Greenfield on November 17, 2022, for National Rural Health Day. Attendees shared in a roundtable discussion of the struggles facing rural health care and toured GRMC's updated patient registration space and relocated OBGYN Clinic.

"It's an honor to showcase the amazing things our teams do every day for our patients and communities," says Kyle Wilcox, Vice President, Finance and Operations, GRMC. "Our rural hospital and clinics are made stronger by the individuals and groups in our region, and the significance of the grant dollars from USDA and Poweshiek County ARPA to improve our care infrastructure is more than the dollars awarded - every time a patient has a great care experience close to home, the value of the work we do increases."



Dr. Coster surrounded by members of GRMC's surgical team.

## Dr. David Coster Retires

In June of 2022, GRMC hosted a reception celebrating Dr. David Coster on his retirement after more than three decades of rural, surgical expertise and innovation. He was the first doctor in Iowa to perform several different types of complex laparoscopic minimally invasive surgeries, changing patient care from an in-patient stay to an outpatient surgery. He led the way for GRMC to be the first hospital to practice anti-reflux surgery, splenectomy and biliary procedures laparoscopically. He performed his 1,000th robotic procedure in 2020.

"There is no moment more gratifying than knowing your work has saved lives," says Dr. Coster. "This rural hospital in Grinnell, Iowa, became a powerhouse in health care and I'm leaving it in great hands to continue that legacy."



## Medical Staff Fund Emergency Medical Services Scholarship

In 2022, GRMC's medical staff voted unanimously to designate their medical staff dues to fund a new scholarship program, available to any emergency medical service (EMS) student or service in Poweshiek County and surrounding areas. The GRMC medical staff recognize the critically important role local EMS holds for the overall health and well-being of our local communities and the struggle these vital services are facing.

## \$1.4 Million Awarded to GRMC

GRMC was awarded a combined \$1.4 million to support multiple projects for the hospital and clinics, The funds originated from the **Emergency Rural Health Care Grants Programs**, part of the 2021 American Rescue Plan Act (ARPA), and will finance four projects: relocation and improvement of the GRMC patient registration area (completed in 2022), relocation and improvement of the UnityPoint Health - Grinnell OBGYN clinic (completed in 2022), remodel of the shared emergency department and radiology waiting room (slated for 2023), and expansion and renovation of the laboratory (completion projected for early 2024).



## GRMC Receives Leadership Award

GRMC was recognized with a 2022 Performance Leadership Award for excellence in Quality. Compiled by The Chartis Center for Rural Health, the Performance Leadership Awards honor top quartile performance among rural hospitals in Quality, Outcomes and Patient Perspective. "We're proud to be recognized for the quality of care we provide," says Natalie Cline, BSN, RN, GRMC Quality Manager.



Left to right: Laura Juel, RN, MSN, NEA-BC, GRMC Vice President Nursing & Clinical Services; Natalie Cline, BSN, RN, GRMC Quality Manager; Michael Line, MD, MMM, GRMC Chief Medical Officer.

## Congratulations!

The DAISY Award® recognizes the extraordinary, compassionate nursing care that nurses provide patients and families every day. Abby Williams-Cleary, a member of GRMC's medical/surgical team, received the award during Nurses' Week in May 2022. The nominating patient wrote, "Abby is the BEST nurse I've ever had the privilege to take care of me. She's an absolute ROCK STAR!"



Abby Williams-Cleary, RN, BSN  
Daisy Award Recipient



HONORING NURSES INTERNATIONALLY IN MEMEORY OF J. PATRICK BARNES

Standing for Recognizing Outstanding Service Excellence, the ROSE Award honors patient care technicians (PCT) who consistently demonstrate excellence through clinical expertise, extraordinary service and compassionate care. Tiffany Arens, a PCT in GRMC's in-patient medical/surgical department was nominated for providing compassionate care with a kind and caring smile. "She MORE than deserves this award," the patient wrote in the nomination.



Tiffany Arens, PCT  
ROSE Award Recipient



## New Providers Join UnityPoint Health - Grinnell



Angelique Deright, ARNP, FNP-BD  
Manatt Walk-In Clinic



Abby Flannagan, DO  
OBGYN Clinic



Heidi Klingelhofer, DO, MPH  
Family Practice Clinic



Josie Rutherford, CNM  
OBGYN Clinic



Kirk Smith, MD, PhD, FACP  
Internal Medicine Clinic



Lisa Smith, FNP  
Manatt Walk-In Clinic



Mamoud Tayash, MD  
General Surgery and Weight Loss Surgery Clinic

## UnityPoint Health One of Top 150 Places to Work in Healthcare

In 2022, UnityPoint Health was selected as one of the Top 150 Places to Work in Healthcare by Becker's Hospital Review. This national healthcare trade publication selected organizations that promote diversity, employee engagement, professional growth and work/life balance. UnityPoint Health is the only health system in Iowa to be named on the list for 2022.

UNITYPOINT HEALTH

A TOP 150 PLACE TO WORK

BECKER'S 2022 HEALTH CARE RATINGS

## Employee Giving Campaign Partners with Local Donor for Success

In 2022, **The Claude W. Ahrens Charitable Trust** agreed to a challenge grant for the GRMC Foundation's annual Employee Giving Campaign (EGC). If the EGC met its goal of 30% of participation by all GRMC team members then The Claude W. Ahrens Charitable Trust would donate \$10,000, maximizing each team member's gift. GRMC's team members embraced this challenge and surpassed the goal, ending the campaign with a 36% participation rate (including 100% participation of GRMC's leadership team). *The GRMC Foundation thanks The Claude W. Ahrens Charitable Trust and its trustee, Susan Witt, for their motivational Challenge Grant.*



Several team member donors posed with our goal thermometer poster to celebrate and thank **The Claude W. Ahrens Charitable Trust** for their inspiring support.

## Grinnell Mutual donates cookies to staff

**Grinnell Mutual** generously donated 19 cases (228 boxes) of Girl Scout Cookies to the team members at GRMC. The cookies were delivered to each department and clinic during National Hospital Week, May 9 through 13.



Everyone at GRMC thanks Grinnell Mutual for continuing its unwavering support of our team members! This sweet treat certainly lifted team members' spirits.

## Grant Received for Second Set of Patient Transport Chairs

**Poweshiek County Alliance (PCA)** awarded a grant of \$9,092.96 through the **Greater Poweshiek Community Foundation (GPCF)** for the purchase of four patient transport chairs. This follows a 2021 grant for three patient transport chairs proven to be immensely popular with the hospital staff for various safety features and ease of cleaning.



Thank you, PCA and GPCF!

## New Infant Warmer

When the hospital unexpectedly needed to replace an infant warmer in our OB unit, *your philanthropic dollars* made it possible to purchase a replacement. An infant warmer provides uniform thermoregulation across the baby's mattress and easily adapts to developmental care requirements. This equipment also provides progressive respiratory support capabilities to help stabilize breathing while safeguarding the baby's delicate airways. *Because of you*, GRMC provides the best possible care to our tiniest patients. Thank you!



Pictured left to right with the new infant warmer: Kami Walters, RN; Dee Brown, RN; and Sheryl Baarda, RNC - OB Nurse Manager, Chemotherapy/Infusion Center.

## New Infant Monitor Purchased with Donations

*Thanks to you, our donors*, the GRMC Foundation provided funds to purchase a new monitor to use in the operating room (OR), specifically to monitor a baby's vital statistics. Because it is small and lightweight with a long battery life it ensures that providers can access current, critical patient information while in the OR and during transport, providing gold standard care of our patients. *Your support* makes the purchase of vital equipment, like this monitor, possible and helps GRMC to provide the *best outcome for every patient every time.*



The new infant monitor is shown here with members of GRMC's surgery team: (front, left to right) Jessica Gannaway, RN; Lori Glasgow, Clinical Team Lead - Surgery; (back, left to right) Edie Hatcher, Certified Surgical Technician; Mikaylah Avis, RN; Emily Renberger, Certified Surgical Technician.

## Bike Helmets for Third Graders

Recently, third graders in our region received bike helmets, courtesy of GRMC *thanks to gifts from our donors*. In appreciation for the free bike helmets, each student at the South Tama County Elementary School created unique thank you notes, featuring special representations of themselves with their new helmets. One student wrote, "You are going to save my life because now I have a helmet and I will not get hurt. Thank you!"



## Grant Received for 11 Aspirators

**Grinnell Mutual Group Foundation** awarded a grant of \$12,553.75 for the purchase of eleven aspirators for use with the crash carts throughout the hospital and clinics. These AC/battery-powered suction units provide instant, powerful suction in critical situations, such as when a patient is unable to remove respiratory secretions while experiencing acute illness. *Thank you, Grinnell Mutual!*



Sheenna Bachman, RN, Manager Nursing Services-Intensive Care Unit and Tisha Miller, Respiratory Therapist Registered Lead, pose with one of the new aspirators.

PLEDGE FOR PINK

## Pledge for Pink Campaign at South Tama High School

Fans of the South Tama Trojans and Hampton-Dumont Bulldogs joined together during a 2022 football game to support South Tama's Pledge for Pink Campaign. Together, they raised almost \$420 to support cancer care at GRMC. Thank you to both teams for the amazing support!

100% of donations received will go to Cancer Care at UnityPoint Health, Grinnell

## Donations Provide Patient Safety Equipment

Thanks to your donations, our team members have access to equipment that increases patient safety, like the Sara Plus. The Sara Plus is a powered standing and raising aid designed for active transfers, balance, stepping and gait training. It is designed for single caregiver use, decreasing the number of team members needed for safe transfers.

"This equipment provides exceptional support and comfort for our patients in an easy-to-manuever machine to reduce strain on our team members," says Sheenna Bachman, RN, Manager of Nursing Services and ICU. "We are grateful to the donors whose gifts made the purchase of the Sara Plus possible."



Pictured with the Sara Plus are members of GRMC's Med/Surg and ICU team (left to right): Tiffany Arens; Kim McNurlen, RN; Marie Puls; Abby Williams-Cleary, RN; Sheenna Bachman, RN; Rosa Yanez-Gonzalez, RN; Kelsey Terpstra; Taylor Alter.

## Endowment Distribution Donated to Support Mental Health Services

In 2022, the GRMC Foundation Board of Directors voted to donate more than \$13,000 to Capstone Behavioral Healthcare. This donation is the combined 2021 and 2022 annual spendable distributions from the Grinnell Regional Mental Health Endowment - a portion of the interest earned on the endowment's invested principle. Capstone is a trusted and valued partner in meeting the mental health needs in our communities and the GRMC Foundation is pleased to support them in their efforts to ensure timely access to compassionate mental healthcare.

The impact of your gifts to our endowments is significant and GRMC's gratitude for these gifts is immeasurable. Our thanks go out to the donors who have invested in the future of healthcare in our region by giving to any of GRMC's three endowments.

Pictured at the Capstone check presentation are Donna Fischer, Director of Development, GRMC Foundation; Julie Smith, Center Director, Capstone Behavioral Healthcare; Nicole Vermeer, Office Manager, Capstone Behavioral Healthcare; Jennifer Havens, CEO, GRMC.



## Cystoscope Purchased with Annual Fund Drive Donations

The GRMC Foundation thanks everyone who responded to our Spring Annual Fund Drive Appeal. Seventy-seven donations were received for a total of \$16,535 raised. Your support made the purchase of the cystoscope possible! A cystoscope helps our surgeons view the urinary tract to identify early signs of cancer, infection, narrowing, blockages or bleeding. Thank you for helping GRMC improve the health of the people and communities we serve.



GRMC's surgery team joins together to say "thank you!"

# our grateful patients

## Nothing Stops Jennifer, Thanks to UnityPoint Health - Grinnell

When Jennifer needed care to get back to the activities she loves, UnityPoint Health - Grinnell was there to support her. Jennifer has lived in Grinnell for over 30 years and originally moved to Grinnell to serve as Grinnell College's Associate Dean of Student Affairs and then later served as Dean of Students. After retiring in 2017, Jennifer filled her schedule with international travel, competing in cross country ski races and training her Bernese Mountain dog for obedience and drafting competitions.

In December 2020, Jennifer planned to go skiing around Ahrens Park after shoveling freshly fallen snow. Unfortunately, while shoveling snow Jennifer slipped on ice and broke her right arm. She drove herself to GRMC's Emergency Department (ED) where the doctor confirmed it was broken and applied a cast.

"The doctor was amazing - so good, so calm," said Jennifer.

She was then referred to Dr. Anthony Tedesco at the UnityPoint Health - Grinnell Orthopedic Clinic for further care. Dr. Tedesco informed Jennifer at the appointment she would need surgery.

"I'm skiing a Birkie in February," Jennifer replied. A Birkie is a cross-country ski race where participants ski over 30 miles.

Dr. Tedesco scheduled the surgery and placed a new cast on her arm. Three weeks later, Jennifer travelled to northern Minnesota to ski - using only one pole in her left hand! After skiing, the cast was removed, and she started several months of occupational therapy.

Fast forward to January of 2022 and Jennifer was back in the ED for a broken left arm. Dr. Becker then referred her to Dr. Tedesco again where she received a cast.

The clinic care team worked with Jennifer so she could compete in another cross-country ski competition. She conquered the race using only one pole in her right hand!

The rest of the year consisted of another fall and carpal tunnel surgery; she received both therapy and surgery at GRMC.



Jennifer kayaking in Iceland.

Through these hills and valleys, Jennifer has appreciated the encouragement and care she received at GRMC so she could get back to doing the activities she loves.

"Everything worked like clockwork and was seamless - all folks were really good. I like being able to go to a hospital right here in town. We have to do what we can to have our doctors here in our community."

Jennifer is proof that, with a positive attitude, determination and great care, individuals can accomplish amazing things.



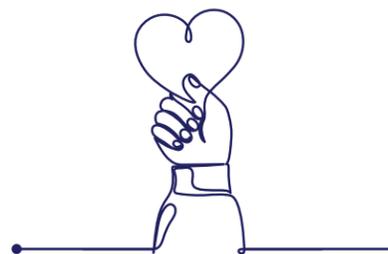
Jennifer in a cross-country ski race with broken right arm.



Jennifer in a cross-country ski race with broken left arm.

For more Grateful Patient Stories, see pages 20 and 22.

# IMPACTING FUTURE GENERATIONS THROUGH legacy gifts



The GRMC Foundation Legacy Partners is a recognition program for donors, patients, team members and providers who have included the GRMC Foundation in their estate plan or other type of future gift in support of the mission of GRMC.

## Legacy Partners

|                                     |                                       |                                     |
|-------------------------------------|---------------------------------------|-------------------------------------|
| Claude and Dolly Ahrens*            | F. Addison and Marion Jones*          | Dori B. Pearce                      |
| Paul Ahrens*                        | F. Austin and Kim Jones               | Rev. and Mrs. Homer F. Perry*       |
| Dr. Robert* and Miriam Bauman       | Zoe Jordan*                           | Dick Postels                        |
| Gerald Bell*                        | Wendy Kadner                          | Lucille M. Potts*                   |
| Kenneth and Lucille Benda*          | Robert* and Marjory Kaloupek          | Raymond and Doris Powell*           |
| Isadore and Ida Berman*             | Marvin E. Kelley*                     | Jane R. Poynter*                    |
| Frank R. and Lois M. Brownell II*   | Bette Kersey*                         | Melvin and Ruth Price*              |
| Frank R. and Nancy E.* Brownell III | John and Jewel Kintzinger*            | LaVerne Raffety*                    |
| Dale and Eylene Brush*              | Donald W. and Candace Packard Lambie* | Maynard and Eloise Raffety*         |
| Joanne M. Bunge*                    | Ron and Sally Lang                    | Rick and Sue Ramsey                 |
| Ruth Carmichael*                    | Raymond* and Shirley Larsen           | Suzanne and Montie Redenius         |
| Myrtle Cass*                        | Rena J. Leeper*                       | Todd L. and Shannon R. Reding       |
| Beryl and Mary Lou* Clotfelter      | Dr. H. R. and Rhea Light*             | John and Nadine Runyan*             |
| S. Mabel Coats*                     | Todd Linden                           | Kenneth Sr.* and Phyllis Saunders   |
| Dr. David and Linda Cranston        | Stan and Bev Lubben                   | Irene Schmitt*                      |
| William Crosby                      | Ralph and Janell Luebben*             | Merideth McDonald Settje            |
| Kenneth and Verleen Eggman*         | Harriet Macy*                         | LaForest and Mary Sherman*          |
| Luther and Jenny Erickson           | Leila N. Maring                       | Helen B. Shipley*                   |
| George and Elizabeth Ernst*         | Mabel Maulik*                         | Glenn and Ginger Sterk              |
| Char Ewan                           | Paul D. McDonald*                     | Janet Stewart*                      |
| Ed Gilday* and Sheila Schmidt       | Ralph Owen McDonald*                  | Corinne Switzer*                    |
| Grace Gustafson*                    | Homer L. and R. Jean McDonough*       | Dave and Sue Vander Linden          |
| Jack and Walda Gustafson            | Kathleen McNulty#                     | Bruce and Martha Voyles             |
| Montie* and Betty Hammond           | Rex and Bette Miskimins*              | Waldo S.* and Rita K. Walker        |
| James and Janice Hansen             | Jack and Jan Mutti                    | Everett G. and Alice M. Williamson* |
| Helen Hargrave*                     | Todd Nelson                           | Dr. Vic* and Diane Wilson           |
| Edward and Beverly Hatcher          | Chris and Jean Nolte                  | Michael and Susan Witt              |
| Arthur M. Heimann*                  | Carl and Joann Orr*                   | Netia B. Worley                     |
| Arnie and Joanie Heimsoth           | Dr. John and Elizabeth Parish*        | Merle W. Zirkle                     |
| Jerry Henschen*                     | Dr. J. B. and Jan Paulson             |                                     |
| Velma Hiser*                        | Dr. J. R. and Linda Paulson           |                                     |
| Barbara Bates Howell*               | Janis S. Peak                         |                                     |
| Dwight and Elsie Johnston*          |                                       |                                     |
| David A. Jones                      |                                       |                                     |

\*Deceased  
# New in 2022

# planned giving

## Gift Planning for the Future

Choosing to add a philanthropic component to your estate plan or any other type of future gift is a process that requires purposeful reflection of the impact you want your gift to have on the organization(s) you desire to support, among many other factors.

If you decide to include a gift to the GRMC Foundation in your will, trust or by beneficiary designation, please let us know. Notifying us is the best way to ensure we receive the gift you intend for us and that your wishes for the use of your gift are honored when we receive it in the future. Your gift can be designated to general funds or for any project or program at UnityPoint Health - Grinnell. Please seek the advice of your financial and/or legal advisor while planning a legacy gift.

Donors who make a planned gift to the Foundation become one of our Legacy Partners. As a member, you will:

- Make a personal investment in GRMC's future and support local, quality healthcare for generations to come.
- Be recognized in print and on our donor wall. Donors can remain anonymous, if preferred.
- Be invited to special Foundation events.
- Help advance healing, caring and teaching at GRMC.

If you desire to make a gift by will or trust to Grinnell Regional Medical Center Foundation, we recommend that you use the following language:

*"I give, devise and bequeath the sum of \$\_\_\_\_\_ (or property herein described or percentage of the estate or residue) to Grinnell Regional Medical Center Foundation or its successor, an Iowa nonprofit corporation, to be used for \_\_\_\_\_."*

You may also need the following information when including the GRMC Foundation in your plans:

**LEGAL NAME:** Grinnell Regional Medical Center Foundation

**ADDRESS:** 210 4th Avenue, Grinnell, IA 50112

**FEDERAL TAX ID NUMBER:** 42-1454737

To request more information or let us know you have made a gift by will or other type of future gift, please email [donna.fischer@unitypoint.org](mailto:donna.fischer@unitypoint.org). Because the GRMC Foundation is a nonprofit organization your donation will qualify as a tax deduction to the fullest extent of the law. One hundred percent of your gift remains local to support the mission of GRMC.

## Planned Giving Webpage

Visit the GRMC Foundation's planned giving website, [grmcfoundationlegacy.org](http://grmcfoundationlegacy.org), to access resources to help with your gift planning, such as our FREE will planner and other valuable tools plus information about gifts of stock, IRA Qualified Charitable Deductions, bequests and more.



# family of donors

Each donor listed below is a critical partner to GRMC in the fulfillment of our mission to improve the health of the people and communities we serve. The GRMC Foundation is pleased to have this opportunity to publicly recognize each thoughtful and generous donor who chose to include GRMC in their charitable giving in 2022.

## 2022 Annual Giving



### A

Arnold and Harriet Adelberg  
Angelina Ahrens and Peggy Brown  
Anonymous  
Doug and Abby Allen  
Roger and Nancy Allen  
Roxy Alvarez  
AmazonSmile Foundation  
Jonathan Andelson and Karin Stein  
Anna Irene Anderson Estate  
Steve and Sheree Andrews  
Aramark  
Anonymous  
Julie Augustine

### B

Sheryl Baarda  
Anonymous  
Emma Baetsle  
Joseph Bagnoli  
Sarah Joan Baker  
Darlene V. Baltisberger  
Lona Bandstra  
Sig and Judi Barber  
Anonymous  
Susan Bauman  
Miriam Baumann  
Bayer Production  
Donald and Nancy Beck  
Dan and Jo Becker  
Bryan Bennett  
Anonymous  
Shane and Kerry Bennett  
Steve W. Bernemann  
Greg and Nicole Berry  
Ronald and Judy Beyer  
Dr. Lisa Bishop  
Chris Bloethe  
Rachel Bly  
Peter and Diane Boeke  
Anonymous  
Dr. Warren and Sue Bower  
Anonymous  
Anonymous  
Dave and Julie Bracy

Darrell and Sherma Brand  
Donald Brannian  
Anonymous  
Larry and Judy Brown  
Mary Lou Brown  
Dee Brown  
Ed and Joyce Brown  
Steve and Dawn Bruggeman  
Anonymous  
Greg and Bonnie Buntz  
Carmelita and Allan Burch  
Anonymous  
Anonymous  
Larry and Diana Buter  
Anonymous

### C

Bob and Nancy Cadmus  
Maddie Callaway  
Shauna Callaway  
Doug and Ginny Cameron  
Anonymous  
John Carl  
Myrtle Cass\*  
Laura Cellucci  
Anonymous  
Claude W. Ahrens Charitable Trust  
William and Rebecca Clemens  
Brian and Julie Cline  
Natalie and Roger Cline  
Beryl Clotfelter  
JoAnn Cogley Hunter  
Ralph Cole  
Anonymous  
Anonymous  
Nancie Coomes  
Brent and Debby Cooper  
Darwin and Jeanette Copeman  
Aaron C. Corbin\*  
Bradley and April Cranmer  
Dr. David and Linda Cranston  
Dr. David and Francesca Cunningham

### D

Gary and Susan Davis  
Christine and Dennis Day  
Ronald and Shirley DeBondt  
Mindy and Eric Deppe  
John and Faye Dieleman  
Angie Dillon  
Troy and Jessica Dillon  
Milton and Mary Dixon  
In memory of Mason Brown  
Elizabeth A. Dobbs  
Joyce E. Doonan  
Jane Dostal  
Bill and Julie Doud  
Lois Douglass  
Anonymous  
Mary and James Duke  
Anonymous  
Steve Dunn and Marchele Haworth  
Anonymous

### E

Anonymous  
Caleb and Tina Elfenbein  
Anonymous  
John and Janice Epperson  
Jenny and Luther Erickson

### F

James V. Fallon  
Sheri and Al Fenner  
Laura Ferguson, MD  
Donna Fischer  
Braxton and Emily Fisk  
Maureen Fitzgibbon  
Anonymous  
Frank and Sharon Fowler  
Anonymous  
Dennis and Debra Fraker  
Free Clinics of Iowa  
Anonymous  
Will and Evelyn Freeman  
Christopher French and Karen Shuman  
Ray and Susan Frimml

### G

Tony Gallo  
Jim and Kim Gilbert  
Anonymous\*  
Lori Glasgow  
Norma Gosselink  
Nadine Gray  
Greater Poweshiek Community Foundation  
Stu and Christine Grefe  
Robert and Mary Grey  
James Griffith  
Grinnell Mutual  
Grinnell Rotary Club  
Grinnell State Bank  
Ronald and Linda Griswold  
Roger and Loretta Gritsch  
Anonymous  
Brian and Michelle Gruhn  
Ben and Arlene Guenther

### H

Anonymous  
Amber Hall  
Effie and Otto Hall  
Darla Hamilton  
Dusty and Linda Hamilton  
Nick and Elaine Hammes  
Barbara A. Hansen  
Dawn M. Hanson  
Steve and Cheryl Hanssen  
Anonymous  
Bev and Ed Hatcher  
Anonymous  
Family of Lee and Bernice Hauser  
Anonymous  
Jennifer and Jeffrey Havens  
Kim Hawkins  
Heater Lawn Care, Inc.  
Bill and Mary Hedrick  
Brian and Jennifer Heishman  
Janyce Heishman  
Phil and Mary Ann Heishman  
Curt Helms  
Al and Deb Henderson  
Julee and Jeffrey Hendrickson

Velma Hernandez  
Jim Hicks  
Roger Hill and Vida Praitis  
Rich and Lois Holmes  
Todd Honold  
Mike and Doris Hotchkin  
Anonymous  
Darryl and Cheryl Hull  
Chris and Judy Hunter  
Savannah Hunter

### I

Leslie and Teresa Iverson

### J

Wyatt and Deborah Jack  
Keith Jack  
Larry\* and Echo Jansen  
Brent and Ashley Jensen  
Megan Jensen  
Destinie Johnson  
Doug and Mndy Johnston  
F. Austin and Kim Jones  
Tonya Jones  
JP Morgan Asset Management  
Beverly Judge  
Brian and Laura Juel

### K

Anonymous  
Diane Keenan  
Monica Kellogg  
Kellogg Lions Club  
Donnetta K. and Francis Kerr, Jr.  
David W. and Janet J. King  
Lee and Bev King  
Anonymous  
Rachael and Kory Kinnick  
Chanda Kline  
R. Cecilia Knight and Gary Mertens  
Loren and Peggy Kolpin  
Mark and Chelsey Kolpin  
Carla Kopetzky  
Susan Kriegel  
Lyle V. Kuehl  
Stacy Kuiper  
Shirley Kusel  
Jack and Joan Kyle

### L

Anonymous  
Dan and Jenn LaGrange  
Anonymous  
Gerald and Dorothea Lalonde  
Ron and Sally Lang  
Anonymous  
Anonymous  
Kenneth and Lisa Lasley  
Tom and Dianne Latimer  
Hazel B. Lease  
Russelle Jones Leggett  
Anonymous  
Mark Levandoski and Monica St. Angelo  
Denny and Barbara Linderbaum  
Dr. Michael R. Line  
Whitney Link  
A. Clyde and Stacey Lisk  
Carol Locker

Nancy S. Locker  
Jennifer Loftin  
Janice W. Logan  
David and Sally Lovig  
Stephen and Janice Lovig  
Sheryl Luce  
Jim and Betty Ludden

### M

Anonymous  
Brian and Laura Manatt  
Curt Manatt  
Matt and Megan Mann  
Robin and John Mann  
Gary and Sally Maring  
Chris Marlow  
John and Dorothy Martinek  
Larry Mason  
Georgia C. May  
Anonymous  
Anonymous  
Paul McDonald\*  
Jeremy and Brenda McIlrath  
Pauline McKenna  
Roger and Dolores McLain  
Anonymous  
Kathy McNulty  
Kimberly A. McNurlen  
Delmar and Mabel McWilliams  
Anonymous  
Sharon L. Mealey  
Jeff and Renee Menary  
William Menner and Barbara Trish  
Lynn and John Messina  
Agnes R. Mikel  
Anonymous  
Matt and Amy Miller  
Arlo and Marilyn Miller  
Anonymous  
Ryan and Tisha Miller  
Montezuma Community Fund, Inc.  
George and Tonia Montgomery  
Tom and Emily Moore  
Bob and Carol Moritz  
Hannah and Wade Morrison  
Wayne Moyer  
Anonymous  
Greg and Janet Muckler  
Amy Murty  
Jack and Jan Mutti

### N

Chad and Terri Nath  
Eldon and Nancy Newberry  
Jill Nicklas  
Elaine Noe  
John and Dorothy Noer  
Vicky Norrish  
Mark Notz

### O

Angela Oakie  
Anonymous  
Carol J. Osborn  
Eric and KayLynn Osborn  
Russel K. and Paula H. Osgood  
Robert and Linda Overturf

## DONATIONS

## Ways to support the Grinnell Regional Medical Center Foundation

- Cash or securities
- Pledges
- Memorials and tributes
- Matching gift programs
- Gifts-In-Kind
- Real estate gifts
- Gifts of grain
- Retirement plan gifts
- Stock transfers
- Automatic withdrawal
- Planned gift, such as bequest or life insurance
- Charitable remainder annuity trusts
- Charitable gift unitrusts
- Charitable gift annuities
- Charitable lead trusts

All donations to the GRMC Foundation may be designated to a specific service, department or program at GRMC or may be designated for the hospital's general use. The GRMC Foundation also welcomes gifts to the **GRMC Endowment Fund**, which is an investment for the future of the hospital. **One hundred percent** of every dollar donated to the GRMC Foundation **stays local** to benefit the health care programs and needs in the GRMC service area.

**P**

Richard O. and Barbara D. Parker  
Edie Parmley  
Dori B. Pearce  
Mitzi Pederson  
Holly Pettlon  
Linda Pexa  
Amelia Phipps  
Georgia Pierson  
Anonymous  
Deanna Poe  
Paul and Debby Pohlson  
Bill Pollak  
Jason Potter  
Poweshiek County Alliance  
Donald and Marcia Primus  
Patricia Probasco  
Anonymous  
Carl and Milly Purvis

**R**

Carmen Raffety  
Rick and Sue Ramsey  
Sid Ramsey  
Charles and Ruth Ranfeld  
Kathy Ranfeld  
Rich and Diane Ranfeld  
Gary and Marlene Read  
Suzanne and Montie Redenius  
Shannon and Todd Reding  
Warren and Nancy Reinecke  
Kathryn and Ronald Rice  
Allen and Donna Ricks  
Gwen Rieck  
Sarah White and Henry Rietz  
Richard and Carolyn Ritter  
Dori Robinson  
Tony and Tammy Rockwell  
Rick and Alicia Rohach

Linda Romero  
Gary and Janice Roorda  
Larry and Twila Rosenow  
Mary Ross\*  
Ronnie Ross

**S**

Russ Sadler  
Josh and Kelly Sandquist  
Ken and Miriam Saunders  
Rhonda Saunders  
Julie Schaeffer  
Michael Schaeffer  
Anonymous  
Don and Jeananne Schild  
Jesse and Brooke Schmidt  
Norman Schroeder  
SEI  
Dale and Doris Selix  
Duane and Darlus Selken  
Shannon Shirk  
Lenore Sleeuwenhoek  
Dottie Smith  
Dustin and Sarah Smith  
Dr. Kirk and Lida Zeng Smith  
Traci Smith and  
Ginette McFarland  
Alex Smolik  
Joel and Jana Snodgrass  
Elise Snyder  
Anonymous  
Anonymous  
South Tama Community High  
School Football  
Anonymous  
Dorothy and Ray Spriggs  
David Stark  
Imogene Steele  
Anonymous  
Glenn and Ginger Sterk

David and Joanie Stineman  
Kayla Stinger  
Marvin and Carol Stone  
Anonymous  
Sully United Fund  
Mary Sumpter  
Don and Doris Sundell  
Pat and Marna Supple  
James Swartz and  
Cynthea Mosier  
Lily and Andy Swedenhjelm

**T**

Barbara and Russell Tabbert  
Jenna Tanner  
Carlyn Thatcher  
Donna Thomason  
Angela Thys  
Dakotah Timm  
Elizabeth Trimmer  
Hilliard Turner, Jr.  
Michelle Tustison

**U**

John and Mary Jo Upah

**V**

Anonymous  
Dorothy Van Maanen  
Drew and Leah Van Rees  
Danny and Jacklyn Van Roekel  
Anonymous  
L. Charlene Vanderveer  
Gretchen Vandervort  
L. Bryce and Charlotte  
Vander Werff  
Mary and Kermit Van Zee  
Brian and Jan Veach  
Roger and Val Vetter

Gracie Vigil  
VMLY&R Foundation  
Verlan and Lori Vos

**W**

Mary and Ken Waechter  
Anonymous  
Anonymous  
Ellen Waterbury and  
David Sherwood  
June Watkins  
Anonymous  
Gwen Weghorst  
Donna Weisskopf  
Kim S. Wemer  
Richard Wiegand  
Kaitlin and Kyle Wilcox  
Anonymous  
Abby Williams-Cleary  
Lola and Ronald Willrich  
Anonymous  
Alexis and Cody Wilson  
Anonymous  
Patrick and Patti Wilson  
Mike Wilwol  
Donna Wolken  
Anonymous  
Lesley Wright and Donald Doe

**Y**

Larry and Connie Yearian

**Z**

Anonymous  
Merle W. Zirkle

\* Deceased

If your name has been misspelled, listed incorrectly or unintentionally omitted, we apologize. Please notify Donna Fischer of the error so our records can be corrected. Contact Donna Fischer at (641) 236-2079, Donna.Fischer@unitypoint.org, or by mail at 210 4th Avenue, Grinnell, Iowa 50112.

OUR GRATEFUL PATIENTS

**Brenda Chooses GRMC for Her Surgery**

Brenda's journey at GRMC began in March of 2021. She chose to seek help at GRMC due to various stomach issues and gaining weight. After some tests Brenda learned she had a hernia and some issues resulting from a bariatric surgery performed at another facility ten years ago. She was referred to Philip Bilderback, MD, who performed surgery to correct her issues.

Thanks to the team at GRMC, Brenda is back on the road to good health. *"The staff treats me as an individual,*

*which I greatly appreciate. I have the University of Iowa at my back door, but I have chosen Grinnell for my bariatric surgery and care. The doctors and follow-up care are exceptional,"* Brenda said when asked about her experience at GRMC."

Currently, Brenda is now just a few pounds from her goal weight and is confident GRMC's providers and team members are always going to be there when she needs them.

2022 HONORARIUMS AND MEMORIAL GIFTS



**IN HONOR OF:**

**In honor of David Coster, MD**  
Brian and Michelle Gruhn

**In honor of Jessica Dillon**  
Christine and Dennis Day  
Donna Fischer  
Jennifer and Jeffrey Havens

**In honor of Doctors and Nurses at UPH-Grinnell**  
James V. Fallon

**In honor of Gene Gessner, MD**  
Joseph Bagnoli  
Donna Fischer

**In honor of Douglas Meeker**  
Jennifer and Jeffrey Havens

**In honor of Josie Rutherford, CNM**  
Glenn and Ginger Sterk

**IN MEMORY OF:**

**In memory of The Anderson Family**  
Jack and Joan Kyle

**In memory of I. Wilbur Baltisberger**  
Darlene V. Baltisberger

**In memory of Mason Brown**  
Anonymous

**In memory of Donald Cadden**  
Dan and Joann Becker

**In memory of Christopher Ferguson**  
Anonymous  
Joyce E. Doonan

**In memory of Evelyn Foels**  
Carl and Milly Purvis

**In memory of Isabel George**  
Maureen Fitzgibbon

**In memory of James George**  
Maureen Fitzgibbon

**In memory of Merryll Hicks**  
Jim Hicks  
Danny and Jacklyn Van Roekel

**In memory of Larry Jansen**  
Steve and Dawn Bruggeman  
Troy and Jessica Dillon  
Donna Fischer  
Jennifer and Jeffrey Havens  
Denny and Barbara  
Linderbaum

Debby and Paul Pohlson  
Rick and Sue Ramsey  
Brian and Jan Veach

**In memory of Austin Kilmer**  
Curt Manatt

**In memory of Dr. Jeffrey Knobloch**  
Dan and Susie Sondag

**In memory of Gretchen Locker**  
William and Rebecca Clemens  
A. Clyde and Stacey Lisk  
Carol Locker  
Richard O. and Barbara D. Parker  
Kathryn and Ronald Rice  
David and Joanie Stineman

**In memory of Henry Manatt**  
Curt Manatt

**In memory of Joseph McGarry**  
Curt Manatt

**In memory of Doyle Mikles**  
Anonymous  
Nancie Coomes  
Norma Gosselink  
Grinnell State Bank  
Leslie and Teresa Iverson  
Diane Keenan

**In memory of Helen Moyer**  
Wayne Moyer

**In memory of Richard Pearce**  
Ms. Julie Augustine  
Dan and Joann Becker  
Peter and Diane Boeke  
Jane Dostal  
Tony Gallo  
Jennifer and Jeffrey Havens  
Richard and Carolyn Ritter

**In memory of Kirk Pederson**  
Mitzi Pederson

**In memory of Richard Posekany**  
Kathy Ranfeld

**In memory of Rosa Posekany**  
Kathy Ranfeld

**In memory of Lavern Ranfeld**  
Kathy Ranfeld

**In memory of Wallace Rhinehart**  
Roger and Dolores McLain

**In memory of Wallace Rohrer**  
Kathy Ranfeld

**In memory of Bert Ross**  
Mary Ross  
Ronnie Ross

**In memory of Mildred Schroeder**  
Norman Schroeder

**In memory of William (Bill) Smith**  
Dottie Smith

**In memory of Dr. Kevin W. Sterk**  
Glenn and Ginger Sterk

**In memory of Donald Sumpter**  
Mary Sumpter

**In memory of Judith Turner**  
Hilliard Turner, Jr.

**In memory of Rae VanRoekel**  
Lona Bandstra  
John and Faye Dieleman  
Bill and Mary Hedrick  
Wyatt and Deborah Jack  
Mr. Keith Jack  
Georgia Pierson  
Deanna Poe  
Mrs. Marcia Primus  
Rich and Michelle Wiegand  
Larry and Connie Yearian

**In memory of Aaron Wagner**  
Arnold and Harriet Adelberg

**In memory of Wilma Watkins**  
June Watkins

**In memory of Doris Weaver**  
Grinnell State Bank  
Jeremy and Brenda McIlrath

**In memory of Lana Woodside**  
Anonymous  
Mary Lou Brown  
Linda and Ronald Griswold  
Ron and Joyce Hauser  
Janyce Heishman  
Sally and Ron Lang  
Gary and Sally Maring  
Georgia C. May  
Greg and Janet Muckler  
Carol J. Osborn  
Robert and Linda Overturf  
Russ Sadler  
Sharon Van Dyke

**In memory of Louis Zirkle**  
Merle W. Zirkle

If your name has been misspelled, listed incorrectly or unintentionally omitted, we apologize. Please notify Donna Fischer of the error so our records can be corrected. Contact Donna Fischer at (641) 236-2079, Donna.Fischer@unitypoint.org, or by mail at 210 4th Avenue, Grinnell, Iowa 50112.

## 2022 ESTATE AND PLANNED GIVING



### 2022 Estate Giving

Anna Irene Anderson\*  
Myrtle Cass\*  
Anonymous\*

### 2022 Planned Giving

Aaron C. Corbin\*  
Paul McDonald\*  
Kathy McNulty

### 2022 Endow Iowa

Arnold and Harriet Adelberg  
Anonymous  
Miriam Baumann - In memory of  
Robert W. Baumann, DDS  
Elizabeth A. Dobbs  
Maureen Fitzgibbon

Ben and Arlene Guenther  
F. Austin and Kim Jones  
R. Cecilia Knight and Gary Mertens  
Russelle Jones Leggett  
Tom and Emily Moore  
Josh and Kelly Sandquist  
Elizabeth Trimmer  
Bob Wemer  
Lesley Wright and Donald Doe

### 2022 Endow Iowa Mental Health

Arnold and Harriet Adelberg  
Anonymous  
Jonathan Andelson and Karin Stein  
Miriam Baumann - In memory of  
Robert W. Baumann, DDS  
Elizabeth A. Dobbs  
Will and Evelyn Freeman

Ben and Arlene Guenther  
F. Austin and Kim Jones  
Gerald and Dorothea Lalonde  
Tom and Dianne Latimer  
Jeff and Renee Menary  
Richard and Carolyn Ritter  
Elizabeth Trimmer  
Lesley Wright and Donald Doe

### 2022 Grinnell Regional Medical Center Endowment

Greg and Bonnie Buntz  
Loren and Peggy Kolpin  
Ken and Miriam Saunders  
Merle W. Zirkle

\* Deceased

If your name has been misspelled, listed incorrectly or unintentionally omitted, we apologize. Please notify Donna Fischer of the error so our records can be corrected. Contact Donna Fischer at (641) 236-2079, Donna.Fischer@unitypoint.org, or by mail at 210 4th Avenue, Grinnell, Iowa 50112.

## donor BILL OF RIGHTS

Philanthropy is based on voluntary action for the common good. It is a tradition of giving and sharing that is primary to the quality of life. To assure philanthropy merits the respect and trust of the general public, and donors and prospective donors can have full confidence in the not-for-profit organizations and causes they are asked to support, we declare that all donors have these rights:

1. To be informed of the organization's mission, of the way the organization intends to use donated resources, and of its capacity to use donations effectively for intended purposes.
2. To be informed of the identity of those serving on the organization's governing board, and to expect the board to exercise prudent judgment in its stewardship responsibilities.
3. To have access to the organization's most recent financial statements.
4. To be assured that their gifts will be used for the purposes for which they were given.
5. To receive appropriate acknowledgment and recognition.
6. To be assured that information about their donations is handled with respect and with confidentiality to the extent provided by law.
7. To expect that all relationships with individuals representing organizations of interest to the donor will be professional in nature.
8. To be informed whether those seeking donations are volunteers, employees of the organization, or hired solicitors.
9. To have the opportunity for their names to be deleted from mailing lists that an organization may intend to share.
10. To feel free to ask questions when making a donation and to receive prompt, truthful, and forthright answers.

*Developed by the American Association of Fundraising Counsel (AAFRC), Association for Healthcare Philanthropy (AHP), Council for Advancement and Support of Education (CASE), and Association of Financial Professionals (AFP).*

## OUR GRATEFUL PATIENTS

### GRMC Foundation's Compassion Fund Helps Joshua Walk

Joshua, a physical therapy patient, had difficulty standing for extended periods of time and walking for more than a few steps. Joshua's physical therapist, Debbie Muckler, PT, recommended he use a special walker to help him move more independently. Debbie reached out to the GRMC Foundation to support Joshua in purchasing the expensive walker. Thanks to your donations to the Compassion Fund, the GRMC Foundation was able to purchase the walker Joshua needed.

When Joshua received the walker his first response was, "I love the walker!"

*"For the first time in a year, he is able to ambulate within his home instead of only performing sit-to stand transfers from his wheelchair. He would not have been successful without the walker,"* said Muckler.

Since receiving the walker, Joshua has gained more confidence and has gone from walking a few feet in his home to going outside and walking around his driveway. This walker has allowed him to continue therapy on his own. *"I believe that with more practice, I may be able to walk on my own soon,"* shares Joshua.



**UnityPoint Health**  
Grinnell Regional  
Medical Center Foundation

210 4th Avenue | Grinnell, IA 50112

Nonprofit Org.  
U.S. Postage  
PAID  
Des Moines, IA  
Permit No. 813



**BELIEVE WHAT YOU DO  
MAKES A DIFFERENCE**  
**because it does.**