2023 BLS and Heartsaver New Instructor Course

Purpose and Intended Audience
To teach Basic Life Support (BLS) providers the skills necessary to become an instructor of the American Heart Association (AHA) BLS and Heartsaver Courses.

Learner Outcomes – Core Competencies
Upon completion of the course, the participant will have demonstrated the key BLS & Heartsaver instructor competencies:
1. Proficient in all the skills of the BLS & Heartsaver Courses.
2. Teach AHA courses according to instructor manual.
3. Test students effectively and according to the skills checklist.
4. Maintain a high standard of ethics and professionalism when teaching AHA courses.
5. Manage time, space, materials, and paperwork in compliance with AHA guidelines.

Requirements for Instructor Course Registration
- Be at least 18 years old.
- Willingness to teach a minimum of four courses in a 2-year period.
- Email a copy of your current AHA BLS card to: DM_CTC@unitypoint.org
- Click and complete the alignment form: Training Center Alignment Form
- Click and complete registration at this link: 2023 New Instructor Registration
- Provide payment by calling in your credit card number to the Training Center at 515-241-6811.
- Receive confirmation of enrollment by Training Center Coordinator.

Registration Fees
$200 (includes Part 2 In-person class, Part 3 monitoring at Iowa Methodist Medical Center, and instructor card) Lunch, instructor materials, and online instructor essentials course not included.

Cancellation Policy
- The registration fee, minus $100.00 is refundable up to three business days prior to the program. After that time, no refund is available. If a participant cancels and reschedules within 90 days, a $50.00 discount will be applied to a rescheduled course.
- UnityPoint Health – Des Moines reserves the right to cancel the program due to insufficient enrollment. If this occurs, registration fees will be refunded.
- Courses cancelled due to adverse weather conditions will be rescheduled. Participants will be granted a refund if there is a conflict with the new date.

CE Credit
IBON Provider #31, UnityPoint Health – Des Moines, awards 6.5 contact hour(s) for full attendance.
$12.00 nursing contact hour recording fee for non-UnityPoint Health employees

BLS Instructor Process
See page two for details.

Questions: Email DM_CTC@unitypoint.org
# BLS Instructor Process

## Part 1 – Online Portion of BLS New Instructor Course

<table>
<thead>
<tr>
<th>Activity</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Order</strong> online BLS Instructor Essentials Course</td>
<td>Visit <a href="https://heart.org">BLS Instructor Essentials Online</a></td>
</tr>
<tr>
<td><strong>Order</strong> 2020 BLS Provider and BLS Instructor Manual</td>
<td>Visit <a href="https://heart.org">BLS Instructor Manual</a> and <a href="https://heart.org">BLS Provider Manual</a></td>
</tr>
<tr>
<td>Complete the online BLS Instructor Essentials Course</td>
<td>Once you have the BLS Provider and Instructor Manuals, complete the online course at least one week prior to class. Email your completion certificate to the Training Center at <a href="mailto:DM_CTC@unitypoint.org">DM_CTC@unitypoint.org</a></td>
</tr>
</tbody>
</table>

## Part 2 – Skills Proficiency Check

Schedule time with the BLS Training Center Coordinator at [DM_CTC@unitypoint.org](mailto:DM_CTC@unitypoint.org) to complete skills proficiency check and written examination. This is due prior to the In-Person portion of the BLS New Instructor Course. If unable to demonstrate proficiency will not be able to continue with class.

## Part 3 – In-Person Portion of BLS New Instructor Course

<table>
<thead>
<tr>
<th>Activity</th>
<th>Description</th>
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<tbody>
<tr>
<td><strong>Attend in-person BLS New Instructor Course</strong></td>
<td>This course will include:</td>
</tr>
<tr>
<td></td>
<td>• teaching principles</td>
</tr>
<tr>
<td></td>
<td>• course management</td>
</tr>
<tr>
<td></td>
<td>• renewing provider BLS skills</td>
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<tr>
<td><strong>Dates:</strong></td>
<td>February 6, May 1, August 8, November 1</td>
</tr>
<tr>
<td><strong>Time:</strong></td>
<td>8:30am – 4:00pm</td>
</tr>
<tr>
<td><strong>Location:</strong></td>
<td>Iowa Methodist Medical Center – Des Moines Education Research Center</td>
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<tr>
<td></td>
<td>Directions will be in confirmation email.</td>
</tr>
<tr>
<td><strong>Faculty:</strong></td>
<td>Kerry Jo Smith, BLS Coordinator</td>
</tr>
<tr>
<td></td>
<td>AHA BLS TCF Faculty</td>
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</tbody>
</table>

## Part 4 – BLS New Instructor Initial Monitoring

Teach first course under the supervision of an AHA Training Center Faculty.

Monitoring is required prior to an instructor teaching independently and needs to be completed within 6 months of the in-person course. Opportunities for monitoring are available at Iowa Methodist Medical Center. If class monitoring occurs outside of Iowa Methodist, an additional fee for mileage is assessed. Dates would need to be scheduled collaboratively with the Training Center Faculty.

**Questions: Email DM_CTC@unitypoint.org**

The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.