



Physical Medicine & Rehabilitation



Inpatient rehabilitation is a 24-hour-a-day commitment to each patient. Individuals recovering from strokes, brain injuries, spinal cord injuries or other serious conditions need intense rehabilitation and nursing care.

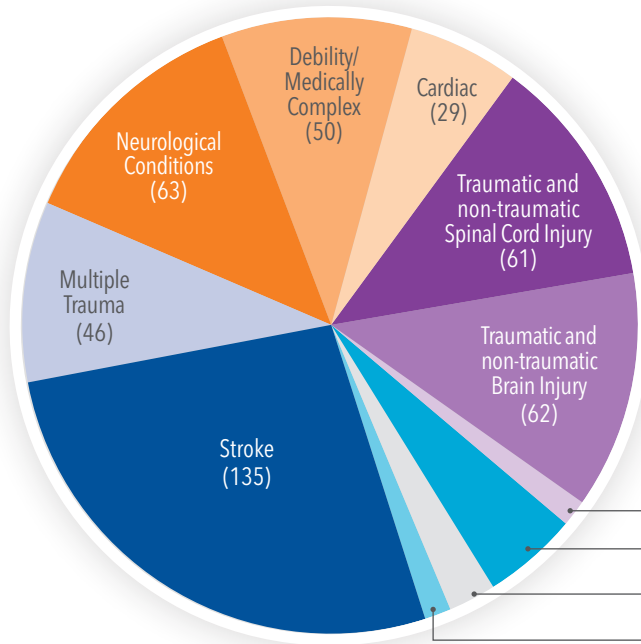
We serve both pediatric patients age seven and older, as well as adults. Our dedicated staff uses a wide range of therapies (physical, occupational, speech and recreational), as well as counseling, support groups and education to create individualized plans for each patient.

St. Luke's has been accredited by CARF, the Commission on Accreditation of Rehabilitation Facilities, for 44 consecutive years. This means we have passed an in-depth review of our services and meet nationally and internationally recognized service and quality standards for our inpatient unit, stroke and brain injury care.

Our rehabilitation staff consists of:

- physicians
- psychologists
- physical, occupational, speech and recreation therapists who specialize in brain injuries
- dietitians
- certified rehabilitation registered nurses
- care coordinators
- social workers
- patient care techs

Our Personal Mission: To give the healthcare we want our loved ones to receive.



496

**Patients treated
across 11 conditions**
(10/1/20 - 9/30/21)



(Average for all conditions)

“Thank you so much for giving me the guidance, strength and mobility to come home with confidence.”



**of patients would recommend
St. Luke's Rehabilitation**

Nearly all of our patients gave us a rating of “good” (4) or “very good” (5) on a scale of 1-5. (Based on 190 respondents).

Stroke **100%** | Brain Injury **100%**



UnityPoint Health
St. Luke's Hospital

Physical Medicine & Rehabilitation

1026 A Avenue NE | Cedar Rapids, IA 52402
(319) 369-7331 | unitypoint.org/cedarrapids



41.90

Total Functional Gain

Patients recovering at St. Luke’s Rehabilitation made greater gains compared to the national average (**41.7**), as measured by changes in self-care and mobility activities.

44

Consecutive years

How long St. Luke’s Rehabilitation has been certified by the Commission on Accreditation of Rehabilitation Facilities (CARF)



Days in the hospital

Average length of stay for all rehab patients

Stroke **16.0** | Brain Injury **12.3** | Spine **16.4**



95.1%

Patients achieve their rehab goals

(Average for all conditions, based on 195 survey respondents)

Stroke **100%** | Brain Injury **100%**



24

Certified Brain Injury Specialists (CBISs)

14 therapists,
9 RNs and
1 social worker

10

Certified Rehabilitation Registered Nurses (CRRNs)



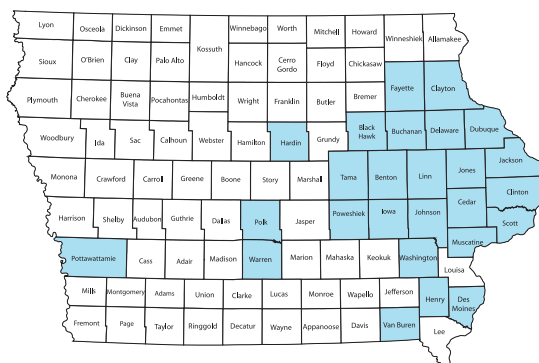
3.4

Therapy hours per day



Average amount of time each patient receives treatment (3.7 hours for stroke patients and 3.5 hours for those with brain injuries)

Industry Benchmark: **3 hours**



36

Counties in Iowa where our patients reside, plus eight additional states (2021 data)

8

Phenomenal Rehabilitation Providers

Our rehabilitation staff consists of physicians; psychologists; physical, occupational, speech and recreation therapists, who specialize in brain injuries; dietitians; certified rehabilitation registered nurses; care coordinators; and social workers.



Stanley Mathew, MD
Physiatrist,
Medical Director



Devin RH Smith, MD
Physiatrist



Nicholas Appleby, DO
Physiatrist



Kyle Preuninger, ARNP
Nurse Practitioner



Megan Adams, PhD
Neuropsychologist



Marie Volbrecht, PhD, ABN
Neuropsychologist



Ben Tallman, PhD
Health Psychologist



Kathryn Farley, PhD
Health Psychologist