



FOCUS ON PHILANTHROPY

April 2024

A publication of
UnityPoint Health -
Allen Foundation

New Members of Gerard Circle:

- ~ Zachary H. French
- ~ Hawkeye Community College
- ~ Holiday Inn Suites and Bien Venu Event Center
- ~ Pi Kappa Chapter, Sigma Theta Tau International, Honor Society of Nursing
- ~ Quota of the Cedar Valley, Inc.
- ~ Lacy Tripp

To learn more about Gerard Circle, go to: tinyurl.com/Gerard-Circle

Complimentary Estate Planning



Dr. Eddie Thompson
Thompson & Assoc.

Upcoming Dates:

— Tuesdays —
May 14
June 11

To learn more, call (319) 235-3960.

Mental Health Awareness Breakfast

Friday, May 10, 2024 | 7:00-9:00 a.m.



Keynote speaker: Joanna Rahnavardi
(pictured with her service dog, Mocha)

Join us for a heartwarming and insightful morning featuring Joanna Rahnavardi, as she shares her inspiring journey of overcoming the unimaginable—the loss of her son to suicide.

Her determination to raise awareness about mental health challenges, will undoubtedly leave a lasting impression on all guests.

Scan the QR code below for Joanna's full story.



Breakfast served at 7 a.m. | Program—7:45 to 9 a.m.

Cost (breakfast included): Ticket: \$60 | Table of 8: \$420

To purchase a ticket (RSVP by April 26) or make a donation:

- Online: give.unitypoint.org/MHB2024
- Call (319) 235-3960
- Scan the QR Code to the right



Many thanks to our Platinum Sponsors:



All proceeds benefit the Black Hawk-Grundy Mental Health Center!



The Allen College Alumni Association and Allen Foundation are grateful to everyone who participated in the 14th annual Donate to Educate scholarship benefit. We're happy to share **over \$24,000** was raised through sponsorships, a silent online auction and donations.

Special thanks to Allen College alumni, Debbie Caughron-'76 and Jan Erpelding-'69, for donating featured items to the auction. The continued generosity from Allen College supporters will help us grow the next generation of caregivers.





Spring PLANT SALE

Allen College Alumni Association Spring Plant Sale

Thursday, May 2, 7 a.m. to 5 p.m.
Friday, May 3, 7 a.m. to 1 p.m.

Allen Hospital Meeting Rooms 1-3

Scan the QR code to preview options and reserve your basket. Deadline is Monday, April 29 with pick-up during the sale. While there, check out the flowers, bedding plants, and succulents - just in time to spruce up your yard for Spring or purchase the perfect Mother's Day gift!



Helen Melichar Allen Foundation Board — Volunteer of the Year!

Congratulations to Helen Melichar for being chosen as the Allen Foundation Board Member of the Year! Helen is a valued, active board member who also serves on the IMPACT/Champion Grant committee, participates in our various fundraisers, donates regularly and is an Auxiliary volunteer. She's a joy to be around and we're happy to have her involved at Allen!



(l-r) Dr. Lance Vanderloo, Board Chair; Helen Melichar and Mike Lind, Executive Director-Allen Foundation)

Thank you Helen!

Allen Foundation Welcomes New Team Member

Anne Denholm joined Allen Foundation and the UnityPoint Hospice program in March as a Development Coordinator. She brings over 30 years of experience in marketing, communications, fundraising and public relations.



Her most recent position was with Self-Help International in Waverly, where she served as the Development Director.

In her current role, Anne focuses on planning the Hops for Hospice event, overseeing the IMPACT Grant program and coordinating the Hospice GIFT Fund, in addition to other duties that support the patients and families of UnityPoint Hospice in Waterloo.

She and her husband, Jack, moved to Cedar Falls in 2021 following his retirement. They have two adult children, Mason and Jessica.

Notes from the Executive Director: Mike Lind



The Allen Child Protection Center serves 27 counties in Northeast and North Central Iowa, providing assistance to children and dependent adults who may be victims of abuse or witnesses to a crime.

About 1/3 of the Allen Child Protection Center's funding comes from the Iowa Department of Health & Human Services. The remainder comes from grants, donations and fundraising events.

April is National Child Abuse Prevention Month, so I thought I would highlight this important service to our whole community.

I also ask that you consider supporting the Allen Child Protection Center with a gift. The Center has many opportunities to support their efforts throughout the whole year.

If you'd like to tour the Allen Child Protection Center or learn more about their important work, please reach out to the Foundation.

Help the Allen Child Protection Center this month by making a difference during National Child Abuse Prevention Month! Scan the QR Code to donate.



Mike Lind
Executive Director